

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



**TO REORDER ITEM # 16830**  
[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

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**PURITAN'S PRIDE, INC.**  
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 Puritan's Pride

# L-CARNITINE

## 500mg

### FREE FORM

DIFFERENT  
COLOR  
8028282004

**120** COATED  
CAPLETS

Dietary  
Supplement

**DIRECTIONS:** For adults, take one (1) caplet four times daily, preferably with meals.

## Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value
L-Carnitine (as L-Carnitine L-Tartrate)	500 mg

\*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid. Contains <2% of: Carnauba Wax, Silica, Vegetable Magnesium Stearate.

Contains ingredients that may result in a variation of color and appearance over time.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.