

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 238

www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
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B11027 19G 14-13749



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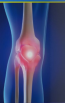
 **Puritan's Pride**

GLUCOSAMINE CHONDROITIN COMPLEX

Key Structural
Components in
Cartilage and Joint
Connective Tissue

60 rapid release
capsules

DIETARY SUPPLEMENT



DIRECTIONS: For adults, take two (2) capsules three times daily, preferably with meals. Capsules may be opened and the contents added to juice or soft foods.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	60 mg	67%
Manganese (as Manganese Sulfate)	2 mg	87%
Glucosamine Chondroitin Complex (Glucosamine HCl, Methylsulfonylmethane (MSM), Chondroitin Sulfate)	1,100 mg (1.1 g)	*

*Daily Value not established.

Other Ingredients: Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

Contains shellfish (crab, crayfish, lobster, shrimp) ingredients.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk,
No Lactose, No Soy, No Gluten, No Wheat, No Yeast. Sodium Free.