

- **Helps reduce occasional feelings of anxiety***
- **Natural lavender essential oil**
- **Natural Linalool with proprietary blend of essential botanicals**
- **Easy to swallow and non-habit forming**

Take Serenity when you have feelings of stress and pressure. Lavender oil is clinically studied to help reduce occasional feelings of anxiety.*

Suggested Use: Swallow up to two softgels once a day with a glass of water.

Caution: Do not use if pregnant or nursing. Keep out of the reach of children. For adult use only. If you are taking any medications, consult a healthcare professional before use.

Developed and Distributed by:
Mikra, Cellular Sciences Inc.
wearemikra.com

18 Canso Rd, Toronto, ON Canada. M9W4L8



MIKRA SERENITY

60 Softgels
Dietary Supplement

GCMS Verified

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

	Amount Per Serving
Lavender Flower Essential Oil	150mg
Passionflower Extract	200mg
Chamomile Extract	200mg
Lemon Balm Extract	200mg

† Daily Value not established.

Other Ingredients: Medium Chain Triglycerides (MCT) Oil, gelatin, purified water, vegetable glycerin, fruit juice color, natural flavor, titanium dioxide.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.