

bright  brain



CRASH + REBOOT[®]

Sleep Performance And
Cognitive Recovery Nootropic

Sleep Quality
Relaxation
Vitality
Dreams
Recovery
Neuroprotection



Facts & Ingredients

Total QTY	30 Capsules
Capsule Size	400mg
Valerian	150mg
Citicoline	150mg
L-Tryptophan	95mg
Melatonin	5mg
Gelatin Shell, Glutamine	

Suggested Use

Take 1 pill, 1 hour before bed when deep, relaxing, & refreshing sleep is needed.

Crash & Reboot provides a lab tested combination of ingredients, developed through years of clinical research. It is intended to promote deep rest and revitalization. It targets multiple brain pathways to provide a full night's rest and cognitive recovery.*

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These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. Keep out of reach of children & pets. Consult your physician before use if you are pregnant, nursing, or have a medical condition & are taking any prescribed medications.