

With its smooth mouthfeel and bold, unique flavors, we are sure you will love this plant-based protein as much as we do. It is non-GMO, lactose free, soy free, gluten free, free of heavy metals, free of artificial ingredients, and a great whey protein alternative. Our Vegan Protein is a complete source of the nine essential amino acids and contains a superfood protein blend (chia, hemp, & sacha inchi), a good source of fiber, and some healthy fats. You won't find a higher quality, better tasting plant-based protein!

LIVE FOR IT.<sup>™</sup>  
Duke + Todd

- ✓ **VEGAN**
- ✓ **GLUTEN FREE**
- ✓ **NO ARTIFICIAL ANYTHING**
- ✓ **GMO FREE**
- ✓ **NO ADDED SUGAR**
- ✓ **NO HEAVY METALS**

### BREAKING DOWN THE LABEL\*

#### PREMIUM PROTEIN BLEND:

All our protein sources are complete sources of all 9 essential amino acids. Plus, we complement our Pea Protein with a superfood blend of Hemp, Chia, and Sacha Inchi.

#### SOURCE OF HEALTHY FATS:

Coconut Oil Powder & CLA Oil Powder are MCTs (medium chain triglycerides) shown to support proper hormone regulation and function.

**GOOD SOURCE OF FIBER & PREBIOTICS:** Inulin (from Chicory Root) is a prebiotic fiber and aids in supporting healthy gut function.

#### CERTIFIED NO HEAVY METALS:

Every batch of Propello Life Vegan Protein is certified free of Heavy Metals through third party lab testing.

#### RECOMMENDED USE:

**As a Post-Workout Shake:** Mix our Vegan Protein with 8-10 ounces of water (or milk of choice) for a delicious post workout recovery shake.

**Smoothie/Snackie Bowl:** Mix our Vegan Protein with some whole fruits and vegetables and blend up a delicious smoothie for a healthy breakfast, lunch or midday snack.

**Baking:** Try our Vegan Protein in your pancakes, muffins, banana bread and more! Want some baking ideas? Check out our "Healthy Recipes" blog on [www.propellolife.com](http://www.propellolife.com).

**FOUNDER'S TIP:** Use within 30 minutes of the end of your workout to jump start the recovery process.

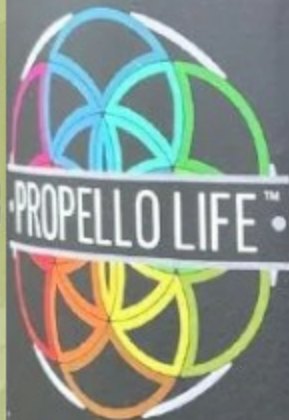
**ALLERGEN WARNING:** Contains tree nuts (Coconut). Made in a facility that also processes dairy, egg, soy, tree nuts, peanuts, fish, shellfish and wheat products.

**WARNING:** If you are pregnant, breastfeeding, or taking medication, consult your physician before using this product. Discontinue use if adverse reaction occurs.

Store in a cool dry place.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

  
**#LIVEFORIT**  
[www.propellolife.com](http://www.propellolife.com)



# VEGAN Plant-Based PROTEIN

19 GRAMS OF PROTEIN PER SERVING

BLEND OF PEA, HEMP, CHIA AND SACHA INCHI

COMPLETE SOURCE OF 9 ESSENTIAL AMINO ACIDS

5G FIBER PER SERVING

NO ADDED SUGAR

DIETARY SUPPLEMENT Net Wt. 325g

## SUPPLEMENT FACTS

Serving Size: 1 Scoop (34g)

Servings Per Container: 25

| Amount per serving      | % Daily Value* |
|-------------------------|----------------|
| <b>Calories</b> 127     |                |
| Total Fat 3g            | 4%             |
| Saturated Fat 1g        | 5%             |
| Trans Fat 0g            |                |
| Cholesterol 0mg         | 0%             |
| Sodium 45mg             | 2%             |
| Total Carbohydrate 7g   | 3%             |
| Dietary Fiber 5g        | 18%            |
| Sugars 1g               | **             |
| Includes 0g Added Sugar | 0%             |
| Protein 19g             |                |
| Vitamin D 1mg           | 0%             |
| Calcium 27mg            | 2%             |
| Iron 5mg                | 28%            |
| Potassium 341mg         | 7%             |

\* Percent Daily Values are based on 2,000 calorie diet.  
\*\* Daily Value not established

**INGREDIENTS:** Propello Life Vegan Protein Blend (Pea Protein, Hemp Protein, Chia Protein (milled) Organic Sacha Inchi Protein), Cocoa Powder, Natural Flavors, Inulin (Chicory Root), Apple Pectin, Potassium Citrate, Coconut Oil Powder, Guar Gum, Sea Salt, CLA Oil Powder. **CONTAINS TREE NUTS (COCONUT).**

**NO ARTIFICIAL COLORS OR SWEETENERS**



Made in Canada  
Manufactured for and  
Distributed by Propello Life<sup>™</sup>  
7340-N Industrial Parkway, Plain City, Ohio 43064

We want you to be completely satisfied with your Propello Life products. If for any reason you are not, please let us know. Or, if you want to just say hi, we like that too.

support@propellolife.com  
Please recycle or reuse this canister.