

Other Ingredients: Vegetable Cellulose. Contains <2% of: Calcium Silicate, Maltodextrin, Mannitol, Silica, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk and soy ingredients.

DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Sugar, No Wheat, No Yeast, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests.

8 Avoid this product if you are allergic to ragweed, sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 17393
www.puritan.com
 1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
 Rockton, MA, NY 11779 U.S.A.
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 **Puritan's Pride**

ULTRA WOMAN™ 50 PLUS DAILY MULTI

Performance Formula Targeted for Women Over 50

HIGH POTENCY

DIETARY SUPPLEMENT

60 Coated
Caplets

Supplement Facts

Serving Size 2 Caplets

Amount Per Container: 30

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Palmitate and Retinyl Acetate)	1,580 mcg 187%	Chromium (as Chromium Picolinate)	200 mcg 100%
Vitamin C (as Ascorbic Acid)	280 mg 222%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Vitamin D (as Cholecalciferol)	50 mcg (2,000 IU) 250%	Potassium (as Potassium Chloride)	30 mg 6%
Vitamin E (as Alpha Tocopheryl Acetate)	20.1 mg 134%	Selenium (as Sodium Selenate)	10 mcg 20%
Vitamin K (as Phytylphosphonate)	80 mcg 80%	Alpha Lipoic Acid	10 mg
Iron (Vitamin B-1)	30 mg 2,500%	Inositol	1 mg
(as Vitamin B-12)		UW50+ Collagen Blend	100 mg
Calcium (Vitamin B-12)	30 mg 2,388%	Collagen (Hydrolyzed Gelatin), Resveratrol (from Polygonum cuspidatum Extract) (root), Coenzyme Q-10, Lutein	
Acid (as Ascorbic Acid)	30 mg 188%	UW50+ Antioxidant Blend	50 mg
Vitamin B-12 (as Pyridoxine Hydrochloride)	30 mg 1,765%	Echinacea (Echinacea purpurea) (aerial), Acai Extract, Beet Root (Beta vulgaris), Bilberry Extract (Vaccinium myrtillus) (fruit), Ginseng (Panax ginseng) (rhizome) (root), Citrus Bioflavonoid Complex (Citrus Aurantium) (fruit), Elderberry Concentrate (Sambucus nigra) (fruit), Ginkgo (Ginkgo biloba) (leaf), Green Tea Extract (Camellia sinensis) (leaf), Turmeric (Curcuma longa) (root), Pomegranate Extract (Punica granatum) (seed)	
Niacin	660 mcg (DVE) 187%	UW50+ Herbal Blend	50 mg
(400 mcg folic acid)		Chamomile (Matricaria recutita) (flower), Ashwagandha (Withania somnifera) (root), Black Cohosh (Actaea racemosa) (root), Cranberry (Vaccinium macrocarpa) (fruit), Lemon Balm (Melissa officinalis) (leaf), Wild Thistle (Cirsium marianum) (aerial), Soy Isoflavone Complex, Wild Chokeberry (Vitis amurensis) (fruit)	
Vitamin B-12 (as Cyanocobalamin)	30 mcg 1,250%		
Biotin (as Biotin)	500 mcg 1,667%		
Ascorbic Acid (as Ascorbic Acid)	30 mg 600%		
Sodium	540 mg 42%		
(as Sodium Carbonate, Disodium Phosphate and Sodium Chloride)			
Iodine (as Potassium Iodide)	150 mcg 100%		
Magnesium	180 mg 24%		
(as Magnesium Oxide)			
Zinc (as Zinc Oxide)	15 mg 136%		
Selenium (as Sodium Selenate)	280 mcg 284%		
Copper (as Copper Oxide)	2 mg 222%		
Manganese	2 mg 87%		
(as Manganese Glucuronate)			

*Daily Value not established.