

WARNING: If you are pregnant, nursing, taking any medications, have any medical or thyroid condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 32292

www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ranbansana, NY 11779 U.S.A.
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Puritan's Pride

Sea Kelp

with **200 mcg**
of iodine

supports healthy
thyroid function*

250 tablets

dietary supplement

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Iodine	200 mcg	133%
Kelp (<i>Ascophyllum nodosum</i>)(whole plant)	37 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Vegetable Stearic Acid. **Contains <2% of Potassium Iodide, Vegetable Magnesium Stearate.**

May contain fish.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast. Sodium Free.