

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

*Diets low in saturated fat and cholesterol that include 2 g per day of phytosterols eaten with meals or snacks may reduce the risk of heart disease. A serving of Phytosterol Complex supplies 0.5 g of phytosterols.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 13981
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
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WWW.PURITAN.COM

 **Puritan's Pride**

Phytosterol Complex

with **Beta Sitosterol**

**DIFFERENT
COLOR**
SAME PRODUCT

May Reduce
the Risk of
Heart Disease*

100 rapid release
softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) softgels twice daily, with your two largest meals of the day.

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 50

Amount Per Serving	%Daily Value
Phytosterol Complex	1,000 mg **
Providing:	
Sterol Esters (Beta Sitosterol, Campesterol, Stigmasterol)	
equivalent to 0.5 g of plant sterols.	

**Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil, Citrus Pectin, Turmeric (Color).

Contains ingredients that may result in a variation of color and appearance over time.

Scientific evidence demonstrates that diets that include phytosterols may reduce the risk of coronary heart disease. Our specialized formula exceeds strict quality standards for levels of phytosterols (beta sitosterol, stigmasterol, and campesterol) - the active ingredients that help maintain cholesterol levels already within a normal range.*