Built by Science.
Driven by Obsession.
Elevated Through Innovation.

If it's on our labels, then it's in our bottles. Get LIT™ AF and train with the evolution of focus, power and pumps.*

Proven Ingredients.
Proven Doses.
Clinical Quality.
Real Science.
Real Results.

0 48107 25966 4

FPO

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
BEYONDRAW.com

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BEYOND RAW®

LIT™ AF

ADVANCED FORMULA
CLINICAL STRENGTH PRE-WORKOUT

ICED TEA / LEMONADE

NATURAL & ARTIFICIAL FLAVORS

300mg CAFFEINE

8g L-CITRULLINE MALATE

400mg PEAK ATP*

1.5g NITROSIGINE®

DIETARY SUPPLEMENT

20 SERVINGS

NET WT. 16.23 OZ. (460 G)

CODE 759061 KXG

DIRECTIONS: As a dietary supplement, mix one scoop in 10 fl. oz. of cold water and consume pre-workout. On non-training days, consume one serving for additional energy and focus.* Consume ample amounts of water while taking this product. Do not take close to bedtime.

Supplement Facts

Serving Size One Scoop (23 g)
Servings Per Container 20

Amount Per Serving		% Daily Value
Calories	15	
Total Carbohydrate	1 g	<1%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
Calcium	90 mg	7%
Sodium	180 mg	8%
Potassium	95 mg	2%
L-Citrulline Malate 2:1	8 g	*
Beta-Alanine	3.2 g	*
Betaine	2.5 g	*
Creatine (as Creatine Monohydrate)	2 g	*
Nitrosigine®	**1.5 g**	*
Arginine		
Silicate		
Inositol		
Taurine	1 g	*
Adenosine 5'-Triphosphate Disodium	400 mg	*
Caffeine	300 mg	*
Alpha Glycerophosphorylcholine (Alpha GPC)	150 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Natural & Artificial Flavors, Trisodium Citrate, Acesulfame Potassium, Ammonium Bisulfite, Calcium Carbonate, Calcium Silicate, Caramel Color, Dicalcium Phosphate, Ethylcellulose, Hydroxypropyl Methylcellulose, Medium Chain Triglycerides, Oleic Acid, Silica, Sucralose. Manufactured in a plant that produces milk and peanut products.

CONTAINS: Sulfites.

Distributed by: GNC Holdings, LLC
Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise. Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov/food.

NOTICE: Significant product settling may occur.
Gluten Free, Sugar Free.
One serving supplies 300 mg of caffeine.
Betaine as BETAPOWER®. BETAPOWER® is a registered trademark of DuPont or its affiliates.
Beta-Alanine as CarnoSyn®. Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®.
Nitrosigine®, including the Nitrosigine® logo, is a registered trademark of Nutrition 21, LLC. Nitrosigine® is patent protected.
Adenosine 5' - Triphosphate Disodium as PEAK ATP®. PEAK ATP® is a registered trademark of TSI USA Inc. and is used under license.
Caffeine as ZümXR®. Powered by ZümXR®. ZümXR® is a trademark of Nano Pharmaceutical Laboratories, LLC.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.