

40
SERVINGS



MUSHROOM
SUPERFOOD
Om®

MASTER BLEND

MUSHROOMS & ADAPTOGENS

HELPS SUPPORT:

IMMUNE HEALTH† • VITALITY† • STRESS RELIEF†

10  250MG
MUSHROOMS : ASHWAGANDHA

PER SERVING

CERTIFIED ORGANIC
MUSHROOM POWDER + BOTANICALS



USA GROWN
MUSHROOMS

DIETARY SUPPLEMENT | NET WT. 90g (3.17 oz)



OM MASTER BLEND

Supercharge your daily health with this unique blend created by our mycology experts. It contains 10 species of USA grown, organic whole food mushrooms with a full and diverse spectrum of naturally occurring active compounds including 400mg beta glucans, plus 250mg of KSM-66®, a potent full-spectrum Ashwagandha root extract that helps improve resistance toward stress†. It's a powerful master blend for vibrant health†.

WE GROW OUR OM.

We grow a diverse range of mushroom species in our organic indoor farm in Southern California.

NO FILLER!

Our mushrooms are grown on organic whole oats or sorghum, which provide nutritious "food" for the mushroom mycelium. After completing its lifecycle, we dry the mycelium and fruiting bodies together and nothing gets left behind.

WHOLE FOOD MUSHROOMS, NO EXTRACTS

Our minimally processed, full-lifecycle mushrooms provide a full spectrum of active compounds to support optimal health†.

10 MUSHROOM SPECIES

LION'S MANE	KING TRUMPET
REISHI	MAITAKE
CORDYCEPS	CHAGA
TURKEY TAIL	SHIITAKE
ANTRODIA CAMPHORATA	AGARICUS BLAZEI



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Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Supplement Facts

Serving Size 2.25 grams (approx. 1 level tsp)
Servings Per Container 40

	Amount Per Serving	% DV†
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Calories	10	
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Certified Organic Mushroom Powder Blend; cultured on organic whole oats (<i>Avena Sativa</i>) or organic sorghum (<i>Sorghum bicolor</i>)	2g	†
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Organic Lion's Mane (*Hericium erinaceus*) mycelial biomass & fruit body, Organic Cordyceps (*Cordyceps militaris*) mycelial biomass & fruit body, Organic King Trumpet (*Pleurotus eryngii*) mycelial biomass & fruit body, Organic Turkey Tail (*Trametes versicolor*) mycelial biomass & primordia, Organic Maitake (*Grifola frondosa*) mycelial biomass & primordia, Organic Reishi (*Ganoderma lucidum*) mycelial biomass & fruit body, Organic Chaga (*Inonotus obliquus*) mycelial biomass & primordia, Organic Shiitake (*Lentinula edodes*) mycelial biomass & fruit body, Organic Antrodia (*Antrodia camphorata*) mycelial biomass, Organic Himematsutake (*Agaricus blazei*) mycelial biomass & primordia.

Organic Ashwagandha Extract KSM-66 (<i>Withania somnifera</i>) (Root) (5% withanolides)	250mg	†
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† Daily Value (DV) Not Established

SCOOP. STIR. OMMM YOUR DAILY RITUAL.

Add 2.25 grams (approx. 1 level tsp) to super your smoothie, mushroom your matcha, boost your coffee and nourish your recipes.

Distributed by: Om Mushroom Superfood
Carlsbad, CA 92008



CERTIFIED ORGANIC
BY ORGANIC CERTIFIERS



CERTIFIED KOSHER
BY EARTH KOSHER



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