

ADAPTOGEN POWERHOUSE

Supercharge your daily health with this curated blend of 10 species of USA grown, whole food mushroom powder. Also included is 250mg of KSM-66®, a potent full-spectrum Ashwagandha root extract that helps improve resistance toward stress†.

It's a powerful master blend for vibrant health†.



Gut Health†



Immune Defense†



Stress Relief†



Antioxidants†

WE GROW OUR OM

10 mushroom species in our organic indoor farm in California.

NO FILLER!

Grown on whole oats or sorghum, which provide nutritious “food” for the mushroom mycelium. After completing its lifecycle, we dry the mycelium and fruiting bodies together and nothing gets left behind.

NO EXTRACTS

Our minimally processed, full-lifecycle mushrooms provide a full spectrum of active compounds to support optimal health†.

- ✓ Whole Food Nutrition
- ✓ Beta Glucans and Prebiotics
- ✓ Tested for Heavy Metals



Scan code to learn more

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



28
DAY SUPPLY



MUSHROOM
SUPERFOOD

Om

MASTER BLEND MUSHROOMS & ADAPTOGENS

HELPS SUPPORT:

IMMUNE HEALTH† • VITALITY† • STRESS RELIEF†

10 MUSHROOMS : 250MG
ASHWAGANDHA

PER SERVING

DAILY BOOST CAPSULES

DIETARY SUPPLEMENT | 84 VEGETABLE CAPSULES

Suggested Use: Take three (3) capsules per day with a glass of water.

Supplement Facts

Serving Size 3 capsules
Servings Per Container 28

Amount Per Serving

% DV

Certified Organic Mushroom Powder Blend; cultured on organic whole oats (*Avena sativa*) or organic sorghum (*Sorghum bicolor*)

2g

†

Organic Lion's Mane (*Hericium erinaceus*) mycelial biomass & fruit body, Organic Cordyceps (*Cordyceps militaris*) mycelial biomass & fruit body, Organic King Trumpet (*Pleurotus eryngii*) mycelial biomass & fruit body, Organic Turkey Tail (*Trametes versicolor*) mycelial biomass & primordia, Organic Maitake (*Grifola frondosa*) mycelial biomass & primordia, Organic Reishi (*Ganoderma lucidum*) mycelial biomass & fruit body, Organic Chaga (*Inonotus obliquus*) mycelial biomass & primordia, Organic Shiitake (*Lentinula edodes*) mycelial biomass & fruit body, Organic Antrodia (*Antrodia camphorata*) mycelial biomass, Organic Himematsutake (*Agaricus blazei*) mycelial biomass & primordia.

Organic Ashwagandha Extract KSM-66
(*Withania somnifera*) (Root) (5% withanolides)

250mg

†

† Daily Value (DV) Not Established

Other Ingredients: Vegetable Cellulose (capsules).

Distributed by: Om Mushroom Superfood, Carlsbad, CA 92008

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

f @OmMushrooms | OmMushrooms.com



CERTIFIED KOSHER
BY EARTH KOSHER



GLUTEN FREE



VEGAN



REV# 13160-006