

DIRECTIONS FOR USE

Adults: 7 tablets per day.

Either take 7 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

**Xtend-Life™ Total Balance Women’s Premium** is our ultimate comprehensive nutrient system, containing a broad range of nutrients to support overall female health\* and the maintenance of healthy cells\* and general wellness\*.

Store in a cool, dry place.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Made in New Zealand using imported and local ingredients by **NATURAL PRODUCTS (NZ) LTD** MEMBER OF THE XTEND-LIFE GROUP  
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Batch number:  
Manufactured:  
Use by date:



PREMIUM

total balance women’s premium

dietary supplement  
Comprehensive Nutrient System

Advanced Formula  
Enteric Coated

210 TABLETS



Supplement Facts

Serving size: 7 Tablets  
Servings per container: 30

| Amount Per Serving                                                                                                                                                                           | %DV      |       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------|
| Calories                                                                                                                                                                                     | 30       |       |
| Total Fat                                                                                                                                                                                    | 0.5 g    | 1%*   |
| Total Carbohydrate                                                                                                                                                                           | 4 g      | 1%*   |
| Dietary Fiber                                                                                                                                                                                | 2 g      | 8%*   |
| Protein                                                                                                                                                                                      | 2 g      | 4%*   |
| Vitamin A (from Natural Beta Carotene)                                                                                                                                                       | 1725 mcg | 192%  |
| Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)                                                                                                                    | 280 mg   | 311%  |
| Vitamin D3 (as Cholecalciferol from Lichen) (1000 IU)                                                                                                                                        | 25 mcg   | 125%  |
| Vitamin E (from D-Alpha Tocopheryl Succinate)                                                                                                                                                | 15 mg    | 100%  |
| Vitamin K2 Blend (Menaquinone-4, 90mcg, MenaQ7® Menaquinone-7, 90mcg)                                                                                                                        | 180 mcg  | 150%  |
| Thiamin (as Thiamin HCl)                                                                                                                                                                     | 12 mg    | 1000% |
| Riboflavin (as Riboflavin-5-Phosphate)                                                                                                                                                       | 10 mg    | 769%  |
| Niacin (as Nicotinic Acid & Niacinamide)                                                                                                                                                     | 26 mg    | 163%  |
| Vitamin B6 (as Pyridoxal-5-Phosphate)                                                                                                                                                        | 8 mg     | 471%  |
| Folate (as Calcium L-5-methyltetrahydrofolate)                                                                                                                                               | 300 mcg  | 75%   |
| Vitamin B12 (as Cobamamide)                                                                                                                                                                  | 24 mcg   | 1000% |
| Biotin                                                                                                                                                                                       | 300 mcg  | 1000% |
| Pantothenic Acid (as Calcium Pantothenate)                                                                                                                                                   | 41 mg    | 820%  |
| Choline (as Choline Bitartrate and Phosphatidyl Choline)                                                                                                                                     | 41 mg    | 7%    |
| Calcium (from Red Algae (Lithothamnium species), Dicalcium Phosphate, Calcium Ascorbate, Calcium Magnesium Inositol Hexaphosphate, Calcium Pantothenate, Calcium L-5-methyltetrahydrofolate) | 81 mg    | 6%    |

| Amount Per Serving                                                                                                           | %DV     |      |
|------------------------------------------------------------------------------------------------------------------------------|---------|------|
| Phosphorus (as Dicalcium Phosphate, Calcium Magnesium Inositol Hexaphosphate, Pyridoxal-5-Phosphate, Riboflavin-5-Phosphate) | 30 mg   | 2%   |
| Iodine (as Potassium Iodide)                                                                                                 | 150 mcg | 100% |
| Magnesium (as Magnesium Hydroxide (from Sea Water), Calcium Magnesium Inositol Hexaphosphate)                                | 67 mg   | 16%  |
| Zinc (as Zinc Citrate)                                                                                                       | 9 mg    | 82%  |
| Selenium (as L-Selenomethionine)                                                                                             | 100 mcg | 182% |
| Manganese (as Manganese Citrate)                                                                                             | 2.1 mg  | 96%  |
| Chromium (as Chromium Picolinate)                                                                                            | 106 mcg | 303% |
| Molybdenum (as Molybdenum Glycinate)                                                                                         | 64 mcg  | 142% |
| Sodium                                                                                                                       | 25 mg   | 1%   |
| Potassium (as Potassium Ascorbate, Tripotassium Citrate, Potassium Iodide)                                                   | 71 mg   | 2%   |
| L-Lysine HCl                                                                                                                 | 163 mg  | **   |
| Sea Buckthorn Fruit Extract (CyanthOx™30)                                                                                    | 111 mg  | **   |
| L-Glutamine                                                                                                                  | 101 mg  | **   |
| Aloe Vera Leaf Extract                                                                                                       | 100 mg  | **   |
| L-Carnosine                                                                                                                  | 100 mg  | **   |
| L-Histidine HCl                                                                                                              | 100 mg  | **   |
| L-Tyrosine                                                                                                                   | 100 mg  | **   |
| Milk Thistle Seed Extract                                                                                                    | 100 mg  | **   |
| MSM (Methylsulfonyl Methane)                                                                                                 | 100 mg  | **   |
| Reduced Glutathione                                                                                                          | 100 mg  | **   |
| Betain HCl                                                                                                                   | 98 mg   | **   |
| Dimethylglycine HCl                                                                                                          | 90 mg   | **   |
| L-Arginine HCl                                                                                                               | 90 mg   | **   |
| L-Methionine                                                                                                                 | 90 mg   | **   |
| N-Acetyl Glucosamine                                                                                                         | 79 mg   | **   |
| RNA (Ribonucleic Acid from Yeast)                                                                                            | 75 mg   | **   |
| N-Acetyl L-Cysteine                                                                                                          | 74 mg   | **   |
| Bacopa Leaf Extract                                                                                                          | 70 mg   | **   |
| DeltaGold® Tocotrienol Complex (30% Tocotrienols, 20 mg)                                                                     | 67 mg   | **   |
| Inositol (as Inositol & Inositol                                                                                             |         |      |

| Amount Per Serving                                  | %DV     |    |
|-----------------------------------------------------|---------|----|
| Hexaphosphate)                                      | 59 mg   | ** |
| SAME (from 96 mg of S-Adenosylmethionine Tosylate)  | 51 mg   | ** |
| Astragalus Root Extract                             | 50 mg   | ** |
| Beta Glucan (from Yeast)                            | 50 mg   | ** |
| Ginger Root Extract                                 | 50 mg   | ** |
| Ginkgo Leaf Extract                                 | 50 mg   | ** |
| Guggul Gum Extract                                  | 50 mg   | ** |
| L-Cysteine                                          | 50 mg   | ** |
| L-Ornithine HCl                                     | 50 mg   | ** |
| L-Proline                                           | 50 mg   | ** |
| L-Pyrogutamic Acid                                  | 50 mg   | ** |
| Nigella Seed Extract                                | 50 mg   | ** |
| Olive Leaf Extract                                  | 50 mg   | ** |
| PABA (p-Aminobenzoic Acid)                          | 50 mg   | ** |
| Pau D’Arco Bark Extract                             | 50 mg   | ** |
| Taurine                                             | 50 mg   | ** |
| Turmeric Root Extract                               | 50 mg   | ** |
| Blackcurrant Extract (Oxi-fend®)                    | 40 mg   | ** |
| Coenzyme Q-10                                       | 40 mg   | ** |
| Grape Seed Extract                                  | 30 mg   | ** |
| Mineral Sea Salts                                   | 30 mg   | ** |
| Piperine (from Black Pepper)                        | 28 mg   | ** |
| Alpha Lipoic Acid                                   | 25 mg   | ** |
| Phosphatidyl Choline (from Sunflower Seed Lecithin) | 25 mg   | ** |
| Trans-Resveratrol (from Japanese Knotweed Root)     | 25 mg   | ** |
| R-Lipoic Acid                                       | 25 mg   | ** |
| Alfalfa Leaf & Stem Extract                         | 10 mg   | ** |
| Phosphatidyl L-Serine (from Sunflower)              | 10 mg   | ** |
| Rutin (from Japanese Sophora Bud)                   | 9 mg    | ** |
| Policosanol (from Sugar Cane)                       | 8 mg    | ** |
| Bamboo Extract                                      | 6 mg    | ** |
| ATP (from Yeast)                                    | 5 mg    | ** |
| Lutein (from Aztec Marigold Flower)                 | 3 mg    | ** |
| Lycopene (from Tomato)                              | 900 mcg | ** |

| Amount Per Serving                                                                                                                                                       | %DV     |    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|----|
| Astaxanthin (from Haematococcus pluvialis)                                                                                                                               | 800 mcg | ** |
| Boron (as Boron Citrate)                                                                                                                                                 | 600 mcg | ** |
| Zeaxanthin (from Aztec Marigold Flower)                                                                                                                                  | 500 mcg | ** |
| Female Health Support Blend                                                                                                                                              | 500 mg  | ** |
| Chasteberry Fruit Extract, Damiana Leaf Extract, Dong Quai Root Extract, Feverfew Leaf Extract, Sarsaparilla Root Extract                                                |         |    |
| Enzyme Blend                                                                                                                                                             | 150 mg  | ** |
| Bromelain (from Pineapple Stem), Nattozimes Protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger) |         |    |

\* Percent daily values (DV) are based on a 2000 calorie diet  
\*\* Daily value (DV) not established

**Other Ingredients:** Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Maltodextrin, Silicon Dioxide, Sodium Carboxymethyl Cellulose, Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil.



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