

DIRECTIONS FOR USE

Adults: 4 tablets per day.

Either take 4 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Total Balance

Women's is a comprehensive nutrient system, containing a broad range of nutrients to support female health* and general wellness*.

Store in a cool, dry place.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Batch number:
Manufactured:
Use by date:



total balance women's dietary supplement

Comprehensive Nutrient System

Advanced Formula
Enteric Coated

120 TABLETS



Supplement Facts

Serving size: 4 Tablets
Servings per container: 30

Amount Per Serving	%DV
Calories	15
Total Carbohydrate	1 g 1%*
Dietary Fiber	1 g 4%*
Protein	<1 g 1%*
Vitamin A (from Natural Beta Carotene)	1725 mcg 192%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	193 mg 214%
Vitamin D (as Cholecalciferol from Lichen) (1000 IU)	25 mcg 125%
Vitamin E (from D-Alpha Tocopheryl Succinate)	15 mg 100%
Vitamin K2 Blend (Menaquinone-4, 90mcg, MenaQ7® Menaquinone-7, 90mcg)	180 mcg 150%
Thiamin (as Thiamin HCl)	12 mg 1000%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 769%
Niacin (as Nicotinic Acid & Niacinamide)	26.1 mg 163%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg 471%
Folate (as Calcium L-5-methyltetrahydrofolate)	300 mcg 75%
Vitamin B12 (as Cobamamide)	24 mcg 1000%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium Pantothenate)	41 mg 820%
Choline (as Choline Bitartrate and Phosphatidyl Choline)	39 mg 7%
Calcium (from Red Algae (<i>Lithothamnium</i> species), Calcium Ascorbate, Dicalcium Phosphate, Calcium Magnesium Inositol Hexaphosphate, Calcium Pantothenate, Calcium L-5-methyltetrahydrofolate)	70 mg 5%
Phosphorus (as Dicalcium Phosphate, Calcium Magnesium Inositol Hexaphosphate, Pyridoxal-5-Phosphate, Riboflavin-5-Phosphate)	20 mg 2%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Hydroxide (from Sea Water), Calcium Magnesium Inositol Hexaphosphate)	65 mg 16%
Zinc (as Zinc Citrate)	9.5 mg 86%

Amount Per Serving	%DV
Selenium (as L-Selenomethionine) 100 mcg	182%
Manganese (as Manganese Citrate)	2.2 mg 96%
Chromium (as Chromium Picolinate)	106 mcg 303%
Molybdenum (as Molybdenum Glycinate)	64mcg 142%
Sodium	15mg <1%
MSM (Methylsulfonyl Methane)	100 mg **
Inositol (as Inositol & Inositol Hexaphosphate)	59 mg **
Astragalus Root Extract	50 mg **
Bacopa Leaf Extract	50 mg **
DeltaGold® Tocotrienol Complex (30% Tocotrienols, 15 mg)	50 mg **
Sea Buckthorn Fruit Extract (CyanthOx™30)	50 mg **
Milk Thistle Seed Extract	50 mg **
Nigella Seed Extract	50 mg **
PABA (p-Aminobenzoic Acid)	50 mg **
Pau D'Arco Bark Extract	50 mg **
Betain HCl	49 mg **
Ginkgo Leaf Extract	40 mg **
Beta Glucan (from Yeast)	35 mg **
Dimethylglycine HCl	30 mg **
Mineral Sea Salts	30 mg **
N-Acetyl Glucosamine	29 mg **
Alpha Lipoic Acid	25 mg **
R-Lipoic Acid	25 mg **
Turmeric Root Extract	25 mg **
SAME (from 28 mg of S-Adenosylmethionine Tosylate)	15 mg **
Phosphatidyl Choline (from Sunflower Seed Lecithin)	11 mg **
Alfalfa Leaf & Stem Extract	10 mg **
Piperine (from Black Pepper)	9 mg **
Coenzyme Q-10	8 mg **
Trans-Resveratrol (from Japanese Knotweed Root)	7 mg **
Bamboo Extract	6 mg **
ATP (from Yeast)	5 mg **
Policosanol (from Sugar Cane)	4 mg **
Lycopene (from Tomato)	900 mcg **
Boron (as Boron Citrate)	600 mcg **

Amount Per Serving	%DV
Female Health Support Blend 500 mg	**
Chasteberry Fruit Extract, Damiana Leaf Extract, Dong Quai Root Extract, Feverfew Leaf Extract, Sarsaparilla Root Extract	
Amino Acid Blend 330 mg	**
L-Histidine HCl, L-Arginine HCl, L-Carnosine, L-Methionine, L-Tyrosine, Reduced Glutathione	
Enzyme Blend 125 mg	**
Bromelain (from Pineapple Stem), Nattozimes Protease (from <i>Aspergillus oryzae</i> & <i>Aspergillus melleus</i>), Amylase (from <i>Aspergillus oryzae</i>), Lipase (from <i>Aspergillus niger</i>)	
Eye Health Blend 13 mg	**
Rutin (from Japanese Sophora Bud), Lutein (from Aztec Marigold Flower), Astaxanthin (from <i>Haematococcus pluvialis</i>), Zeaxanthin (from Aztec Marigold Flower)	

* Percent daily values (DV) are based on a 2000 calorie diet

** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Maltodextrin, Tripotassium Citrate, Sodium Carboxymethyl Cellulose, Silicon Dioxide, Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil.



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Made in New Zealand using imported and local ingredients by
NATURAL PRODUCTS (NZ) LTD
MEMBER OF THE XTEND-LIFE GROUP
12 MARY MULLER DRIVE,
CHRISTCHURCH 8022, NEW ZEALAND
INTERNATIONAL PH: +64 3 384 2116
USA/CANADA PH: 1888 487 9304
WWW.XTEND-LIFE.COM