

DIRECTIONS FOR USE

Adults: 4 tablets per day.

Either take 4 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Total Balance

Unisex is a comprehensive nutrient system, containing a broad range of nutrients to support overall health* and general wellness* for men and women.

Store in a cool, dry place.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Made in New Zealand using imported and local ingredients by
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Batch number:
Manufactured:
Use by date:



total balance
unisex
dietary supplement
Comprehensive Nutrient System

Advanced Formula
Enteric Coated

120 TABLETS



Supplement Facts

Serving size: 4 Tablets
Servings per container: 30

Amount Per Serving	%DV
Calories	15
Total Fat	0.5 g 1%*
Total Carbohydrate	2 g 1%*
Dietary Fiber	1 g 4%*
Protein	<1 g 1%*
Vitamin A (from Natural Beta Carotene)	1725 mcg 192%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	193 mg 214%
Vitamin D3 (as Cholecalciferol from Lichen) (1000 IU)	25 mcg 125%
Vitamin E (from D-Alpha Tocopheryl Succinate)	15 mg 100%
Vitamin K2 Blend (Menaquinone-4, 90mcg, MenaQ7® Menaquinone-7, 90mcg)	180 mcg 150%
Thiamin (as Thiamin HCl)	12 mg 1000%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 769%
Niacin (as Nicotinic Acid & Niacinamide)	26 mg 163%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg 471%
Folate (as Calcium L-5-methyltetrahydrofolate)	300 mcg 75%
Vitamin B12 (as Cobamamide)	24 mcg 1000%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium Pantothenate)	41 mg 820%
Choline (as Choline Bitartrate and Phosphatidyl Choline)	41 mg 7%
Calcium (from Red Algae (Lithothamnium species), Calcium Ascorbate, Calcium Magnesium Inositol, Hexaphosphate, Dicalcium Phosphate, Calcium Pantothenate, Calcium L-5-methyltetrahydrofolate)	70 mg 5%
Phosphorus (as Calcium Magnesium Inositol Hexaphosphate, Dicalcium Phosphate, Pyridoxal-5-Phosphate, Riboflavin-5-Phosphate)	20 mg 2%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Hydroxide (from Sea Water), Calcium Magnesium Inositol Hexaphosphate)	65 mg 16%
Zinc (as Zinc Citrate)	10 mg 91%
Selenium (as L-Selenomethionine)	100 mcg 182%

Amount Per Serving	%DV
Copper (as Copper Gluconate)	0.1 mg 11%
Manganese (as Manganese Citrate)	106 mcg 303%
Chromium (as Chromium Picolinate)	2.2 mg 97%
Molybdenum (as Molybdenum Glycinate)	64 mcg 143%
MSM (Methylsulfonyl Methane)	100 mg **
Milk Thistle Seed Extract	80 mg **
Betain HCl	79 mg **
DeltaGold® Tocotrienol Complex (30% Tocotrienols, 20 mg)	67 mg **
Dimethylglycine HCl	60 mg **
Inositol (as Inositol & Inositol Hexaphosphate)	60 mg **
Astragalus Root Extract	50 mg **
Bacopa Leaf Extract	50 mg **
N-Acetyl Glucosamine	50 mg **
Nigella Seed Extract	50 mg **
Olive Leaf Extract	50 mg **
PABA (p-Aminobenzoic Acid)	50 mg **
Pau D'Arco Bark Extract	50 mg **
Sea Buckthorn Fruit Extract (CyanthOx™30)	50 mg **
Turmeric Root Extract	50 mg **
Ginkgo Leaf Extract	40 mg **
Beta Glucan (from Yeast)	35 mg **
Mineral Sea Salts	30 mg **
Alpha Lipoic Acid	25 mg **
Phosphatidyl Choline (from Sunflower Seed Lecithin)	25 mg **
R-Lipoic Acid	25 mg **
SAME (from 47 mg of S-Adenosylmethionine Tosylate)	25 mg **
Coenzyme Q-10	15 mg **
Piperine (from Black Pepper)	14 mg **
Alfalfa Leaf & Stem Extract	10 mg **
Trans-Resveratrol (from Japanese Knotweed Root)	10 mg **
Bamboo Extract	6 mg **
ATP (from Yeast)	5 mg **
Policosanol (from Sugar Cane)	4 mg **
Lycopene (from Tomato)	900 mcg **
Boron (as Boron Citrate)	600 mcg **

Amount Per Serving	%DV
Amino Acid Blend	230 mg **
L-Arginine HCl, L-Carnosine, L-Methionine, L-Tyrosine, Reduced Glutathione	
Enzyme Blend	125 mg **
Bromelain (from Pineapple Stem), Nattozimes Protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)	
Eye Health Blend	43 mg **
Blackcurrant Extract (Oxi-fend®), Rutin (from Japanese Sophora Bud), Lutein (from Aztec Marigold Flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec Marigold Flower)	
* Percent daily values (DV) are based on a 2000 calorie diet	
** Daily value (DV) not established	

Other Ingredients: Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Maltodextrin, Tripotassium Citrate, Silicon Dioxide, Sodium Carboxymethyl Cellulose, Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil.



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