DIRECTIONS FOR USE

Adults: 7 tablets per day.

Either take 7 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Total Balance **Men's Premium** is our ultimate comprehensive nutrient system, containing a broad range of nutrients to support overall male health* and the maintenance of healthy cells* and general wellness*.

Store in a cool, dry place.

*THESE STATEMENTS HAVE NOT BEEN **EVALUATED BY THE FOOD AND DRUG** ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Made in New Zealand using imported and local ingredients by NATURAL PRODUCTS (NZ) LTD MEMBER OF THE XTEND-LIFE GROUP 12 MARY MULLER DRIVE, CHRISTCHURCH 8022, NEW ZEALAND INTERNATIONAL PH: +64 3 384 2116 USA/CANADA PH: 1888 487 9304 WWW.XTEND-LIFE.COM

Batch number:

Manufactured: Use by date:



PREMIUM

total balance men's premium dietary supplement

Comprehensive Nutrient System

Advanced Formula **Enteric Coated**



210 TABLETS



Supplement Facts

Serving size: 7 Tablets Servings per container: 30

Amount Per Serving		% DV *
Calories	30	
Total Fat	1 g	1%
Total Carbohydrate	4 g	1%
Dietary Fiber	2 g	8%
Protein	2 g	4%
Vitamin A (from Natural Beta Carotene)	1725 mcg	192%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate) Vitamin D3 (as Cholecalciferol	280 mg	311%
from Lichen) (1000 IU)	25 mcg	125%
Vitamin E (from D-Alpha Tocophery Succinate)		100%
Vitamin K2 Blend (Menaquinone-4 90 mcg, MenaQ7® Menaquinone-7 90 mcg)		150%
Thiamin (as Thiamin HCI)	12 mg	1000%
Riboflavin (as Riboflavin-5-Phosph	ate) 10 mg	769%
Niacin (as Nicotinic Acid & Niacinamide)	26 mg	163%
Vitamin B6 (as Pyridoxal-5-Phosph	ate) 8 mg	471%
Folate (as Calcium L-5-methyltetrahydrofolate)	300 mcg	75%
Vitamin B12 (as Cobamamide)	24 mcg	1000%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium Pantothenate)	41 mg	820%
Choline (as Choline Bitartrate and Phosphatidyl Choline)	41 mg	7%
Calcium (from Red Algae (<i>Lithothai</i> species), Dicalcium Phosphate, Ca Ascorbate, Calcium Magnesium Ind Hexaphosphate, Calcium Pantothe	lcium ositol	00/

Calcium L-5-methyltetrahydrofolate) 81 mg 6%

Phosphorus (as Dicalcium Phosphate,

Amount Per Serving	9	6DV*	Amount Per Servin
Calcium Magnesium Inositol Hexaphosphate, Pyridoxal-5-Phosph Riboflavin-5-Phosphate	ate, 30 mg	2%	SAMe (from 96 mg of S-Adenosylmethionine Tos Astragalus Root Extract
lodine (as Potassium lodide)	150 mcg	100%	Beta Glucan (from Yeast)
Magnesium (as Magnesium Hydroxid			Ginger Root Extract
(from Sea Water), Calcium Magnesiu		16%	Ginkgo Leaf Extract
Inositol Hexaphosphate) Zinc (as Zinc Acetate Dihydrate &	67 mg	10/6	Guggul Gum Extract
Zinc Citrate)	15 mg	136%	L-Cysteine
Selenium (as L-Selenomethionine)	100 mcg		L-Omithine HCI
Copper (as Copper Gluconate)	0.2 mg		L-Proline
Manganese (as Manganese Citrate)	2 mg		L-Pyroglutamic Acid
Chromium (as Chromium Picolinate)			Nigella Seed Extract
Molybdenum			Olive Leaf Extract
(as Molybdenum Glycinate)	64 mcg	142%	PABA (p-Aminobenzoic A
Sodium	25 mg	1%	Pau D'Arco Bark Extract
Potassium (as Potassium Ascorbate,		00/	Taurine
Tripotassium Citrate, Potassium Iodio	de) /1 mg	2%	Turmeric Root Extract
L-Lysine HCI	163 mg	**	Blackcurrant Extract (Oxi-
Sea Buckthorn Fruit Extract	111	**	
(CyanthOx™30)	111 mg	**	Coenzyme Q-10
Aloe Vera Leaf Extract	100 mg	**	Grape Seed Extract Mineral Sea Salts
L-Carnosine	100 mg	**	
L-Glutamine	100 mg	**	Piperine (from Black Pep
L-Tyrosine	100 mg	**	Phosphatidyl Choline (from Sunflower Seed Lec
Milk Thistle Seed Extract	100 mg	**	Trans-Resveratrol
MSM (Methylsulfonyl Methane)	100 mg		(from Japanese Knotwee
Reduced Glutathione	100 mg		Alpha Lipoic Acid
Betain HCI	98 mg		R-Lipoic Acid
Dimethylglycine HCI	90 mg	**	Alfalfa Leaf & Stem Extra
L-Arginine HCI	90 mg		Phosphatidyl L-Serine (fro
L-Methionine	90 mg		Rutin (from Japanese Sop
N-Acetyl Glucosamine	79 mg	**	Policosanol (from Sugar C
RNA (Ribonucleic Acid from Yeast)	75 mg		Bamboo Extract
N-Acetyl L-Cysteine	74 mg	**	ATP (from Yeast)
Bacopa Leaf Extract	70 mg	**	Lutein (from Aztec Marigo
DeltaGold® Tocotrienol Complex (30% Tocotrienols, 20 mg)	67 ma	**	Astaxanthin (from
Inositol (as Inositol & Inositol	67 mg		Haematococcus pluvialis)
Hexaphosphate)	59 mg	**	Boron (as Boron Citrate)
ON THE REGISTER STATES	0		

Amount Per Serving	%D	۷*
SAMe (from 96 mg of S-Adenosylmethionine Tosylate)	51 mg	**
Astragalus Root Extract	50 mg	**
Beta Glucan (from Yeast)	50 mg	**
Ginger Root Extract	50 mg	**
Ginkgo Leaf Extract	50 mg	**
Guggul Gum Extract	50 mg	**
L-Cysteine	50 mg	**
L-Omithine HCI	50 mg	**
L-Proline	50 mg	**
L-Pyroglutamic Acid	50 mg	**
Nigella Seed Extract	50 mg	**
Olive Leaf Extract	50 mg	**
PABA (p-Aminobenzoic Acid)	50 mg	**
Pau D'Arco Bark Extract	50 mg	**
Taurine	50 mg	**
Turmeric Root Extract	50 mg	**
Blackcurrant Extract (Oxi-fend®)	40 mg	**
Coenzyme Q-10	40 mg	**
Grape Seed Extract	30 mg	**
Mineral Sea Salts	30 mg	**
Piperine (from Black Pepper)	28 mg	**
Phosphatidyl Choline (from Sunflower Seed Lecithin)	25 mg	**
Trans-Resveratrol (from Japanese Knotweed Root)	25 mg	**
Alpha Lipoic Acid	25 mg	**
R-Lipoic Acid	25 mg	**
Alfalfa Leaf & Stem Extract	10 mg	**
Phosphatidyl L-Serine (from Sunflow	/er)10 mg	**
Rutin (from Japanese Sophora Bud)	9 mg	**
Policosanol (from Sugar Cane)	8 mg	**
Bamboo Extract	6 mg	**
ATP (from Yeast)	5 mg	**
Lutein (from Aztec Marigold Flower)	3 mg**	
Astaxanthin (from		
Haematococcus pluvialis)	800 mcg	**
Roran (ac Roran Citrata)	600 mca	**

/ *	Amount Per Serving	%DV*		
**	Zeaxanthin (from Aztec Marigold Flower)	500 mcg	÷	
**	Male Health Support Blend	677 mg	**	

Saw Palmetto Fruit Extract, Stinging Nettle Root Extract, Shilajit Rock Exudate, Chrysin (from Oroxylum Bark), Tribulus Terrestris Extract (whole herb), Tribulus Terrestris Leaf & Stem Extract, Cistanche Tubulosa Stem Extract, Beta-Sitosterol (from Soybean), Zinc Acetate Dihydrate, Lycopene (from Tomato).

Enzyme Blend

150 mg

Bromelain (from Pineapple Stem), Nattozimes Protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)

- * Percent daily values (DV) are based on a 2000 calorie diet
- ** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Dextrose, Maltodextrin, Silicon Dioxide, Sodium Carboxymethyl Cellulose, Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil.

Contains Soy.

600 mcg



