

DIRECTIONS FOR USE

Adults: 2 soft gels 1 or 2 times per day.
Children 6 and over: 1 soft gel per day.
For optimal Omega 3 absorption, take with food.
If you are on blood thinning medications or aspirin please consult your health professional before using fish oil.

Xtend-Life™ Omega 3 / DHA Fish Oil is a unique blend of natural oil extracted from New Zealand Hoki and highly concentrated Tuna Oil (2000 mg / serving).
The Hoki Oil used in this product comes from the pristine waters of the Southern Ocean of New Zealand.
The Tuna Oil is produced by enzymatic hydrolysis and molecular distillation. This provides exceptionally pure, concentrated oil in natural triglyceride form.

Store in a cool, dry place.

L1099-23

Batch number:

Manufactured:

Use by date:



omega 3 / DHA
fish oil

dietary supplement

Advanced Formula
Quality Ingredients

60 SOFT GELS



Supplement Facts

Serving size: 2 Soft Gels
Servings per container: 30

Amount Per Serving	%DV	
Calories	20	
Total Fat	2 g	3%*
Saturated Fat	<0.5 g	1%*
Trans Fat	0 g	**
Polyunsaturated Fat	1.5 g	**
Monounsaturated Fat	<0.5 g	**
Cholesterol	<5 mg	1%*
Protein	<0.1 g	
Fish Oil	2 g	**
Total Omega 3 Fatty Acids	1.1 g	**
DHA (Docosahexaenoic Acid) (700 mg)		**
EPA (Eicosapentaenoic Acid) (300 mg)		**
Total Omega 9 Fatty Acids	190 mg	**
Total Omega 6 Fatty Acids	40 mg	**

* Percent daily values (DV) are based on a 2000 calorie diet
** Daily value (DV) not established

Other Ingredients: Soft Gel (Gelatin, Glycerol, Water), Antioxidant Vitamin E Oil (to preserve freshness).
Contains Fish (Bigeye Tuna and New Zealand Hoki).

Made in New Zealand using imported and local ingredients by
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