

# vitamin **D<sub>3</sub>**

125 mcg | 5,000 IU

supports bone and immune system health\*



250 SOFTGELS  
DIETARY SUPPLEMENT

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



vitamin **D<sub>3</sub>**

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin D3 125 mcg (5,000 IU) (as Cholecalciferol)	625%

**Other Ingredients:** Soybean Oil, Gelatin, Vegetable Glycerin, Purified Water, Corn Oil.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor or sodium.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

**WARNING:** if you are pregnant, nursing, taking any medications or have any medical conditions, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

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Questions? Call 1-800-910-6874

Vitamin D is an essential nutrient that works with calcium to help develop strong bones and teeth.\* This high-potency Vitamin D supplement also assists in maintaining a healthy immune system.\*

This product contains 125 mcg of Vitamin D, which is equivalent to 5,000 IU.

**Directions:** For adults, take one (1) softgel daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT.**

**TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

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