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Suggested Usage: As a dietary supplement, adults take 2 capsules daily or as directed by your health professional.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly antidepressants or other psychiatric medications, consult your health professional before use.

Relora® is a Lonza trademark, registered in USA. Relora® brand *Magnolia officinalis* bark extract and *Phellodendron amurense* bark extract
KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #98739 V6

Relora®-Plex

Dietary Supplement

Support for management of occasional stress†



60 Vegetarian Capsules

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Thiamine (as thiamine mononitrate).....	10 mg	833%
Riboflavin	10 mg	769%
Niacin (as niacinamide)	10 mg	63%
Vitamin B ₆ (as pyridoxine HCl)	10 mg	588%
Folate (as folic acid).....	333 mcg DFE (200 mcg folic acid)	83%
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg	4,167%
Relora® (a proprietary blend of.....	500 mg	*
extract from <i>Magnolia officinalis</i> (bark) and a proprietary extract from <i>Phellodendron amurense</i> (bark))		

*Daily Value [DV] not established

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose [capsule] and vegetable stearate

Manufactured for: Douglas Laboratories
Sudbury, MA 01776

www.douglaslabs.com 1.800.245.4440