



BRAIN FORZA | HERBS & EXTRACTS

NATURAL 5-HTP 100

— Made With Non-GMO —
GRIFFONIA SIMPLICIFOLIA SEEDS

- + Neurotransmitter, sleep & mood support*
- + Only 30% extract for smooth digestion*
- + Includes activated vitamin B6 P5P*

DIETARY SUPPLEMENT
120 CAPSULES



WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are currently taking any prescription medications or receiving medical treatment. Discontinue use if unusual symptoms occur. **KEEP OUT OF REACH OF CHILDREN**

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Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

	Amount Per Serving	%DV
Vitamin B6 (as Pyridoxal phosphate)(P-5-P)	10mg	590%
5-HTP (5-Hydroxytryptophan) (from Griffonia simplicifolia)(seeds)	100mg	†

†Daily Value not established

Other Ingredients: Vegetarian capsules (vegetable cellulose), Rice Fiber [Non-GMO], Maltodextrin [Non-GMO][≤ 10mg]

Suggested Use: As a dietary supplement, take 1 capsule one to three times daily, preferably on an empty stomach. For sleep, take 2 capsules before bed.



5-HTP is a naturally occurring amino acid and the chemical precursor to the neurotransmitter serotonin. In the seeds of Griffonia simplicifolia, there may be more compounds contributing to the possible effects than just the 5-HTP alone. For this reason we use a 30% extract, which is closer to using the raw seeds and may function better than 99% pure 5-HTP.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Made in:
California

TAGUS
@BRAINFORZA



MANUFACTURED EXCLUSIVELY FOR:

BRAIN FORZA

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MADE IN THE USA

PLANT GROWN IN: GHANA