

Brain Forza's Lemon Balm R5

Use of Lemon balm (*Melissa officinalis*) can be dated to over 2,000 years ago by the Greeks. Brain Forza's Lemon balm R5 is a potent extract selected for its rare rosmarinic acid composition. Rosmarinic acid is very effective and noticeable even the first time it is used.*

- ✓ Supports focus and memory*
- ✓ Helps support overall mood*
- ✓ Unique, high-potency extract

Take the capsules, or break them open into hot or cold water for herbal tea effect.

Rosmarinic Acid

Rosmarinic acid is a unique compound found in few plant species. It is known for supporting mood and having powerful antioxidant properties.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

About Brain Forza

Brain Forza has specialized in making the best organic mushroom and adaptogen powered products since 2010.

Above all, we prioritize quality and science. We are driven by our goal to make the most functional super supplements on the market.

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Manufactured Exclusively For:
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 **Imported Ingredient**

 **MADE IN THE USA**

BRAINFORZA

HERBS & EXTRACTS

Lemon Balm R5 Extract

STRESS, MOOD & COGNITIVE SUPPORT*

**HIGH-POTENCY MELISSA OFFICINALIS
EXTRACT 5% ROSMARINIC ACID**

- + Supports memory and cognition*
- + Helps support stress and mood*
- + Unique & potent extract

DIETARY SUPPLEMENT
90 CAPSULES



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 45

	Amount Per Serving
Lemon Balm Extract (<i>Melissa officinalis</i>)(aerial) (5% rosmarinic acid)	1,000mg†

†Daily Value not established

Other Ingredients: Vegetarian capsules (vegetable cellulose), Maltodextrin [Non-GMO], Rice Fiber [Non-GMO] ≤ 3%

Suggested Use: Take 2 capsules once daily. Assess tolerance first before operating a motor vehicle or heavy machinery - drowsiness may still occur in some.

Allergens: Manufactured in a facility that processes wheat, gluten, soy, milk, egg, shellfish and tree nut ingredients.

Non-GMO | Gluten Free | Halal & Kosher Compliant

WARNING: This product is for adults only. Always contact a physician if you are taking medication, have a medical condition, or are pregnant or nursing. May cause drowsiness.
Keep out of reach of children.