

**REFRIGERATE AFTER OPENING.
SHAKE WELL BEFORE USE.**

Recommendations: As a dietary supplement, children ages 4-13, take 1 teaspoon daily, with a meal. Adults and children ages 14 and up, take 2 teaspoons daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Made with Vitashine®

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Scan to learn about our
hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



Certified Gluten-Free by the Gluten-Free Certification Organization,
www.gluten.org



LiquiNutrients

*Liquid multivitamin/mineral with berry and vegetable blend for daily wellness**

Natural lemon crème flavor

**Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement**

7.8 fl oz (230 ml)

Supplement Facts

Serving size	1 tsp (5 mL/0.17 fl oz)	2 tsp (10 mL/0.35 fl oz)		
	(ages 4-13)	(ages 14 and up)		
Servings per container	46	23		
	Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	10		15	
Total Carbohydrate	2 g	<1% [^]	4 g	1% [^]
Vitamin A (as beta carotene)	160 mcg	17%	300 mcg	33%
Vitamin C (as ascorbic acid)	50 mg	56%	100 mg	111%
Vitamin D (as cholecalciferol) (D ₃)	10 mcg (400 IU)	50%	20 mcg (800 IU)	100%
Vitamin E (as d-alpha tocopherol)	10 mg	67%	20 mg	134%
Thiamin (as thiamin HCl)	3.75 mg	313%	75 mg	625%
Riboflavin (as riboflavin-5-phosphate)	2 mg	154%	4 mg	308%
Niacin (as niacinamide)	12.5 mg	78%	25 mg	156%
Vitamin B ₆ (as pyridoxine HCl)	2.5 mg	147%	5 mg	294%

Other ingredients: purified water, natural vegetable glycerin, apple juice concentrate, lemon crème flavor with other natural flavors, medium-chain triglycerides, xanthan gum, purified stevia leaf extract, citric acid, potassium sorbate, rosemary leaf extract, natural mixed tocopherols.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Biotin	200 mcg	667%	400 mcg	1,333%
Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg	200%	20 mg	400%
Calcium (as calcium citrate)	20 mg	2%	40 mg	3%
Iodine (as potassium iodide)	37.5 mcg	25%	75 mcg	50%
Magnesium (as magnesium citrate)	10 mg	2%	20 mg	5%
Zinc (as zinc gluconate)	6 mg	55%	12 mg	109%
Manganese (as manganese gluconate)	0.5 mg	22%	1 mg	43%
Chromium (as chromium nicotinate glycinate)	100 mcg	286%	200 mcg	571%
Boron (as boron glycinate)	0.35 mg	*	0.7 mg	*
*FloraGLO Lutein	1.5 mg	*	3 mg	*
Fruit and vegetable powder blend (organic)	75 mg	*	150 mg	*
strawberry fruit, tart cherry fruit, blackberry fruit, blueberry fruit, raspberry fruit, beet root, carrot root, spinach leaf, broccoli stem and floret, tomato fruit, kale leaf, cabbage leaf, parsley leaf, Brussels sprout edible head, green bell pepper fruit, cucumber whole fruit, celery stalk, garlic bulb, ginger root, onion, cauliflower curd, asparagus stalk				

* Daily value (DV) not established

[^] Percent daily values are based on a 2,000 calorie diet