



**PROMOTES CALM
& RELAXATION***

**SUPPORT FOR A
GOOD NIGHT'S SLEEP***



**ENCOURAGES MENTAL
FOCUS AND ALERTNESS***

L-Theanine triggers the production of alpha brain waves, which promote deep relaxation and mental alertness—without causing drowsiness.

Keep out of reach of children. Store in a cool, dry place.
Best if used within 60 days of opening.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



VEGETARIAN
GLUTEN FREE
SOY FREE
DAIRY FREE

RHYTHM

LIPOSOMAL L-THEANINE

VEGETARIAN / GLUTEN FREE / SOY FREE / DAIRY FREE

A DIETARY SUPPLEMENT

50 SERVINGS

1 FL. OZ (30 ML)

Suggested Use: As a dietary supplement, hold nozzle 1" from mouth, spray three times and swallow. Use once daily or as directed by your healthcare practitioner. Shake well before each use.

Supplement Facts

Serving Size 0.6 ml (3 sprays)

Servings Per Container 50

Amount Per Serving	% Daily Value
Total Carbohydrates < 1g	0%†
Green Tea (<i>Camellia Sinensis</i>) Leaf Extract 102 mg Yielding L-Theanine 100mg	*
Stevia Leaf Extract 0.6 mg	*

†Percent Daily Values are based on a 2,000-calorie diet.

*Daily Value not established

Other Ingredients: glycerin, water, oleic acid polyglyceride, sunflower lecithin, natural fruit punch flavor, xanthan gum, potassium citrate, rosmarinic acid, mixed tocopherols.

DISTRIBUTED BY:
Natural Rhythm || NaturalRhythm.com
1540 Keller Parkway, Suite 108 #119
Keller, Texas 76248

Color, flavor and
sweetness of this product
may vary due to variations
of natural ingredients.

RESTORE YOUR NATURAL RHYTHM