









RECOMMENDED USE: Take 1 capsule twice day or 2 capsules before bed. Do not exteed 2 capsules a day.

WARNINGS: Do not use if safety seal is broken. If you are pregnant, nursing, taking any medications or have a medical conditions, please consult your physician before taking any dietary supplement. Store at room temperature.

YEAST-FREE NON-GMO

NO PRESERVATIVES

MAGNESIUM STEARATE FREE

CORN-FREE SOY-FREE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## 5-HTP L-Theanine

Supplement Complex with Vitamins B6, B12 and Magnesium\*



60 Vegetarian Capsules Dietary Supplement

## Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value	
Magnesium (as glycinate-chelated)	100 mg	24%
B6 (as pyridoxal 5'-phosphate)	10 mg	588%
B12 (as methylcobalamin)	30 mcg	1250%
L-Theanine	400 mg	t
5-HTP (5-Hydroxytryptophan)	100 mg	†

Other Ingredients: Vegetable Capsule (HPMC), Rice Flour. + Daily value not established

Manufactured for:

Agelmmune 59 E 54th St, Ste 62 New York, NY 10022 Superior Quality Guarantee

More info at www.Agelmmune.com