



omega 3 fish oil

EPA 300mg | DHA 200mg

1000mg fish oil

specialty

240 softgels
dietary supplement

cardiovascular [▼]

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% [†]
Cholesterol	10 mg	3% [†]
Vitamin E (as d-alpha tocopherol)	5 IU	15%
Fish Oil Concentrate	1000 mg	*
providing:		
EPA (Eicosapentaenoic Acid)	300 mg	
DHA (Docosahexaenoic Acid)	200 mg	

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

Contains: Soy, Fish (sardine, anchovy).

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Dairy, Citrus, Preservatives, Artificial Colors or Flavors.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

DIRECTIONS: As a dietary supplement, take one (1) or two (2) softgels daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

The FDA has reviewed the data and concluded that supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

▼ **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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