

Benefiber

PREBIOTIC
FIBER SUPPLEMENT

Assorted Fruit
Chewables



No Water
Required

Benefiber Chewable Tablets - all the goodness of Benefiber in a great-tasting, easy to take chewable tablet!

Benefiber is a plant based prebiotic fiber.



What is Prebiotic Fiber?

Prebiotic fiber strengthens and **nourishes the good bacteria** in your gut to support an environment for good digestive health. What's good for your gut is good for you.*

• Sugar-Free • Gluten-Free

DIRECTIONS

Adults: Chew 3 tablets up to 3 times daily to supplement the fiber content of your diet.

For optimal results, use 3 times per day.

AGE	SERVINGS
12 yrs. and above	3 tablets up to 3 times daily [†]
6 to 11 yrs.	1½ tablets up to 3 times daily ^{††}
Under 6 yrs.	Ask your doctor

[†]Not to exceed 9 tablets per day

^{††}Not to exceed 4½ tablets per day

Tamper Evident Feature:

Do not use if printed inner safety seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PLANT
BASED
FIBER

Benefiber

PREBIOTIC
FIBER SUPPLEMENT



Assorted Fruit
Chewables

Great Tasting & Sugar Free!

100
CHEWABLE
TABLETS

Supplement Facts

	6-11 Yrs.	12 Yrs. and above
Serving Size:	1 ½ Tablets	3 Tablets
Servings Per Container:	66	33
Amount Per Serving	%DV*	%DV*
Calories	15	30
Total Carbohydrate	4 g 1%*	8 g 3%*
Dietary Fiber	2 g 7%*	3 g 11%*
Soluble Fiber	2 g †	3 g †
Total Sugars	0 g †	0 g †

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: wheat dextrin, sorbitol, corn starch, microcrystalline cellulose, dextrates, citric acid, natural and artificial flavor (soy), magnesium stearate, silicon dioxide, sucralose, aspartame**, azosulfame potassium, red 40 lake, yellow 6 lake, blue 1 lake
****PHENYLKETONURICS: CONTAINS PHENYLALANINE**
Keep out of reach of children.

If you are pregnant or nursing a baby, ask a healthcare professional before use.

Not a substitute for a balanced diet.

The chewable tablet is not to be used in children under the age of 5 years due to the risk of choking.

Store at controlled room temperature 20-25°C (68-77°F).

L-0630-484-12-UPC

REV C



©2020 DSM or licensee.

Benefiber guarantees your satisfaction or your money back. Written, U.S. Consumer Healthcare Technologies (owned or licensed by DSM).

1-800-4-A-52-00051