

ENERGY METABOLISM*

The B vitamins may play a role in protein and energy metabolism. As an essential nutrient, Vitamin B12 may play a role in maintaining proper metabolic functioning and the well-being of the nervous system. Vitamin B12 is also important for heart health.*

CAUTION: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of reach of children.

Store at 15° - 30°C (59° - 86°F).

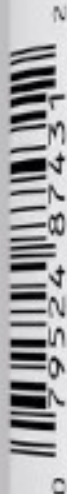
SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

Tablet color may vary.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

GLUTEN FREE

FRESHNESS AND POTENCY GUARANTEED THROUGHOUT



quick dissolve vitamin B12

2,500 mcg

may support energy metabolism and nervous system health*



120 TABLETS

DIETARY SUPPLEMENT

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120

TABLETS



CHERRY FLAVOR

NATURALLY FLAVORED

vitamin B12

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin B12 2500 mcg	104167%

INGREDIENTS: Mannitol, Croscopidone. Contains 2% or less of cyanocobalamin, magnesium stearate, natural cherry flavor, sucralose.

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Questions? Call 1-800-910-6874

Suggested Use: Adults, as a dietary supplement, dissolve one (1) tablet daily under tongue for 30 seconds, then swallow.