

ENERGY METABOLISM*

The B vitamins may play a role in protein and energy metabolism. As an essential nutrient, Vitamin B12 may play a role in maintaining proper metabolic functioning and the well-being of the nervous system. Vitamin B12 is also important for heart health.*

CAUTION: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Tablet color may vary.

GLUTEN FREE

FRESHNESS AND POTENCY GUARANTEED THROUGHOUT

TABLET
500MG
TABLETS

ACTUAL
SIZE

0 79524 87441 1

quick dissolve vitamin B₁₂

2500 mcg

may help support energy metabolism and nervous system health*



60 TABLETS

 DIETARY SUPPLEMENT

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 CHERRY FLAVOR

 ENERGY METABOLISM*

60
TABLETS

vitamin B₁₂

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin B12 2500 mcg	104167%

Ingredients: Mannitol, Croscovidone. Contains 2% or less of cyanocobalamin, magnesium stearate, natural cherry flavor, sucralose.

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Questions? Call 1-800-910-6874

Suggested Use: Adults, as a dietary supplement, dissolve one tablet daily under tongue for 30 seconds, then swallow.

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).