

Turmeric has been traditionally used to flavor foods for centuries. More recently, its antioxidant properties have been discovered, and it has been used to support the heart and cardiovascular system, and for joint health.*

Do not take turmeric / curcumin supplements, and consult with your doctor before using this product, if you are taking any medications, especially those which may affect the ability of blood to clot, or if you are planning to have surgery.

CAUTION: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

SAFETY SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

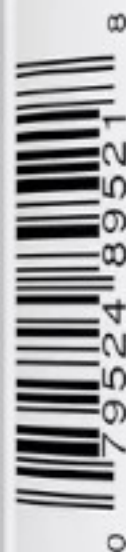
GLUTEN FREE

**NO ARTIFICIAL COLORS OR FLAVORS
NO LACTOSE**

Capsule color may vary.

FRESHNESS AND POTENCY GUARANTEED THROUGH

NOSE
SMELL
TARGETOR



ACTUAL
SIZE

turmeric

500 mg

may help maintain a healthy heart
and cardiovascular system*

may help support joint function,
mobility and comfort*



150 CAPSULES DIETARY SUPPLEMENT

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turmeric



HEART
HEALTH*

150
CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Total Carbohydrate <1 g	<1%**
Turmeric (root) 450 mg	***
Turmeric (rhizome) Extract 50 mg (standardized to contain 95% [47.5 mg] curcumins)	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Ingredients: Turmeric Powder, Gelatin, Turmeric Extract. Contains 2% or less of magnesium stearate, silica, stearic acid.

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Questions? Call 1-800-910-6874

Suggested Use: Adults, one (1) capsule up to twice daily with food as a dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN.

Store at 15°- 30°C (59°- 86°F).