

Suggested Use: Adults, take one (1) tablet daily with food as a dietary supplement.

ENERGY METABOLISM*

B-Complex vitamins may aid in energy production and metabolism, may support the immune and nervous systems, and may enhance skin and muscle tone.*

CAUTION: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of reach of children.

Store at 15° - 30°C (59° - 86°F).

SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

Tablet color may vary.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

GLUTEN FREE

FRESHNESS AND POTENCY GUARANTEED THROUGH

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super B complex

with vitamin C

may help support energy metabolism, nerve and immune system health*



300 TABLETS

DIETARY SUPPLEMENT

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300
TABLETS

super B complex

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin C 60 mg	67%
Thiamin 25 mg	2083%
Riboflavin 20 mg	1538%
Niacin 25 mg	156%
Vitamin B6 5 mg	294%
Folate 680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 100 mcg	4167%
Biotin 1000 mcg	3333%
Pantothenic Acid 5.5 mg	110%
Sodium 10 mg	< 1%

INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Sodium Ascorbate, Thiamine Mononitrate, Niacinamide, Riboflavin. Contains 2% or less of biotin, calcium silicate, carnauba wax, croscarmellose sodium, cyanocobalamin, D-calcium pantothenate, folic acid, hydroxypropyl methylcellulose, magnesium stearate, polyethylene glycol, pyridoxine hydrochloride, stearic acid.

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Questions? Call 1-800-910-6874