

MILLET OV-PUMP

MILLET OV-Pump® Pre-Workout from MILLECOR is ideal for those who require more Pump, Focus and Energy for their training while avoiding stimulants. MILLET OV-Pump® contains an electrolyte blend for Hydration, Beta-Alanine for Endurance, and 5000mg of Citrulline Malate to give that muscular "Pump". MILLET OV-PUMP® has everything you need for more intense workouts that will get you the results you want.

- 5000 mg of Citrulline Malate for Pump
- Beta Alanine for Endurance
- B Vitamins for Natural Energy
- Electrolyte Blend for Hydration
- Alpha GPC and Theanine and Taurine for Focus
- Stimulant-Free

DIRECTIONS: Mix 12.5g (1 scoop) in 8 ounces of water and drink slowly 20-30 minutes before training. To assess tolerance individuals may start with ½ serving. Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine. USE ONLY AS DIRECTED.

Warning: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. KEEP OUT OF REACH OF CHILDREN. Consult your physician before using this product if you are taking any prescription or over-the-counter medications or supplements. Do not use this product if you are pregnant or nursing. Do not use this product if you are at risk of, or being treated for any medical condition(s). Discontinue use and consult your healthcare professional if you experience any adverse reaction to this product.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MILLET OV

PUMP

BETTER THAN
BUBBLE
Natural Flavor

Pump | Endurance | Hydration | Focus
No Caffeine / Stimulant-Free

NET WT. 312.5 G (11.02 OZ) | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One Scoop (12.5 g)

Servings Per Container: 25

Amount Per Serving		% DV**
Calories	5	
Dietary Fiber	2 g	7%
Niacin (as Niacinamide)	36 mg	223%
Vitamin B6 (as Pyridoxine HCL)	2.1 mg	121%
Vitamin B12 (as Methylcobalamin)	6 mcg	250%
Chloride	50 mg	2%
Citrulline Malate	5000 mg	‡
Beta Alanine	2000 mg	‡
Betaine Anhydrous	1000 mg	‡
Taurine	250 mg	‡
Electrolyte Blend	250 mg	‡
Sodium Chloride, Potassium Citrate, Magnesium Citrate, Calcium Carbonate.		
Alpha GPC 50%	150 mg	‡
Theanine	100 mg	‡

‡ Daily Value not established.

Other Ingredients: Inulin (Chicory Root), Natural Flavors, Calcium Silicate, Sucralose, Malic Acid.



Manufactured for: MILLECOR
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MILLECOR.com