

**IMPORTANT:**

Store in a cool dry place and tightly capped. Keep out of the reach of children.

**CAUTION:** Magnesium supplements can cause changes in stool consistency and bowel habits. If this occurs, discontinue use and discuss this matter with your physician.

Formulated for adults and children four years and older. For children under four, consult a physician.

**FREE OF:** Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

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Manufactured Exclusively by:

**KIRKMAN®**

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**DIETARY  
SUPPLEMENT**

**HYPOALLERGENIC | GLUTEN-FREE**

**KIRKMAN®**

**P-5-P**

**(PYRIDOXAL-5-PHOSPHATE)**

*with* **MAGNESIUM BISGLYCINATE**

*Supports muscle growth and repair, helps regulate mood, and promotes sleep†*

**100  
CAPSULES**

**SUGGESTED USE:**

Take one capsule daily or as directed by a physician.

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 100

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin B6 (as Pyridoxal-5-Phosphate)	50 mg	2941%
Magnesium (from Magnesium Bisglycinate)	100 mg	24%

**Other Ingredients:** Vegetarian Capsule (hypromellose and water), L-Leucine

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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