

★ **INGREDIENTS FOR A VIBRANT LIFE**
Brugg® Omega-3 is derived from sustainably sourced marine algae. Containing 300mg DHA and 150mg EPA per serving, our concentrated formula provides effective, plant-based support for overall wellness.

😊 **DAILY DOSE OF WELLNESS**
Brugg® packs over 100 years of wisdom in every softgel. Our science-backed products are made with thoughtfully selected, plant-forward ingredients for vibrant living.

DIRECTIONS: For adults, take two (2) softgels daily, with meals and plenty of water.

WARNING: Keep out of reach of children. Store in a cool, dry place.

1-800-446-1990
www.brugg.com

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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MARINE ALGAE OMEGA-3

MINI VEGAN SOFTGELS

550 MG OMEGA-3†



Supports healthy
heart function*

60 SOFTGELS | DIETARY SUPPLEMENT



NO ARTIFICIAL
COLORS
OR FLAVORS



SUSTAINABLY
SOURCED



VEGAN



NON-GMO

Supplement Facts

Serving Size 2 Vegan Softgels
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Fat	1g	1%
Total Omega 3 (from marine algae, Schizochytrium sp.)	550 mg	*
DHA (Docosahexaenoic Acid)	300 mg	*
EPA (Eicosapentaenoic Acid)	150 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established

OTHER INGREDIENTS: MODIFIED CORN STARCH, GLYCERIN, CARRAGEENAN, SORBITOL, INDIGOTIN, WATER

DISTRIBUTED BY: BRAGG LIVE FOOD PRODUCTS, LLC SANTA BARBARA, CA 93101 USA

CONTAINS NO: Sugar, Dairy, Gluten, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Artificial Colors or Flavors

1 per serving