



DAILY DOSE OF PHYTOCERAMIDES

Made with Bragg® Apple Cider Vinegar plus plant-powered phytoceramides, Inner Glow helps lock in moisture and smooth fine lines for a youthful glow. While topical treatments work on the skin's surface, this formula hydrates and firms skin from the inside out.*



750 MG OF ACETIC ACID (THE GOOD STUFF)

Each daily serving of three capsules provides 750 mg of The Good Stuff—the same amount as one tablespoon of liquid ACV—which has been clinically shown to maintain healthy weight, cholesterol, and blood sugar levels.*

DIRECTIONS: For adults, take three (3) capsules daily, with meals and plenty of water. Do not separate the capsule, ingest the capsule whole.

WARNING: This product contains a high concentration of acetic acid. May cause irritation. If you experience any adverse reactions, immediately stop using this product and consult your doctor. Keep out of reach of children. Store in a cool, dry place.

1-800-446-1990
www.bragg.com

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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INNER GLOW

APPLE CIDER VINEGAR

+ PHYTOCERAMIDES



Hydrates skin & smooths fine lines and wrinkles*

90 CAPSULES | DIETARY SUPPLEMENT

SUPPORTS HEALTHY:



SKIN HYDRATION*



WEIGHT LEVELS*



BLOOD GLUCOSE LEVELS*



CHOLESTEROL LEVELS*



CLINICALLY PROVEN INGREDIENTS*



NO ARTIFICIAL COLORS OR FLAVORS



VEGAN

Supplement Facts

Serving Size 3 Vegan Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Sodium (from sodium diacetate)	150 mg	7%
Proprietary Apple Cider Vinegar Blend (Bragg® Organic Apple Cider Vinegar, Sodium Diacetate)	1877 mg	**
Acetic Acid	750 mg	**
Gluten-free wheat (Triticum vulgare) seed extract (contains phytoceramides and DGDG/digalactosyl diglycerides standardized to 40% (12mg))	30 mg	**

** Daily Value (DV) not established

OTHER INGREDIENTS: VEGAN CAPSULE (MODIFIED CELLULOSE, WATER), ORGANIC PEA STARCH, SILICA

DISTRIBUTED BY:
BRAGG LIVE FOOD PRODUCTS, LLC
SANTA BARBARA, CA 93101 USA

CONTAINS NO: Dairy, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Preservatives, Artificial Colors or Flavors