



DAILY DOSE OF ASHWAGANDHA

Made with Bragg® Apple Cider Vinegar plus Sensoril® Ashwagandha, Daily Balance supports the body's natural ability to manage temporary stress. Together, these ingredients work to reduce cortisol and balance energy levels so you feel calm, relaxed and centered.*



750 MG OF ACETIC ACID (THE GOOD STUFF)

Each daily serving of three capsules provides 750 mg of The Good Stuff—the same amount as one tablespoon of liquid ACV—which has been clinically shown to maintain healthy weight, cholesterol, and blood sugar levels.*

DIRECTIONS: For adults, take three (3) capsules daily, with meals and plenty of water. Do not separate the capsule, ingest the capsule whole.

WARNING: This product contains a high concentration of acetic acid. May cause irritation. If you experience any adverse reactions, immediately stop using this product and consult your doctor. Keep out of reach of children. Store in a cool, dry place.

1-800-446-1990
www.bragg.com



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BRAGG®

EST. 1912

DAILY BALANCE APPLE CIDER VINEGAR

+ ASHWAGANDHA



Reduces stress &
promotes relaxation*

90 CAPSULES | DIETARY SUPPLEMENT

SUPPORTS HEALTHY:



CORTISOL LEVELS*



WEIGHT LEVELS*



BLOOD GLUCOSE
LEVELS*



CHOLESTEROL
LEVELS*



HIGH PURITY
ASHWAGANDHA



NO ARTIFICIAL
COLORS
OR FLAVORS



VEGAN

Supplement Facts

Serving Size 3 Vegan Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Sodium (from sodium diacetate)	150 mg	7%
Proprietary Apple Cider Vinegar Blend (Bragg® Organic Apple Cider Vinegar, Sodium Diacetate)	1877 mg	**
Acetic Acid	750 mg	**
Organic Ashwagandha Sensoril® (Withania somnifera) root and leaf extract (providing minimum 10% withanolide glycosides [12.5 mg])	125 mg	**

** Daily Value (DV) not established

OTHER INGREDIENTS: VEGAN CAPSULE (MODIFIED CELLULOSE, WATER), ORGANIC PEA STARCH, SUCRA

DISTRIBUTED BY:

BRAGG LIVE FOOD PRODUCTS, LLC
SANTA BARBARA, CA 93101 USA

CONTAINS NO: Dairy, Wheat, Gluten, Eggs, Peanuts, Soy, Tree Nuts, Fish, Shellfish, Preservatives, Artificial Colors or Flavors

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