

IMPORTANT:

Store in a cool dry place and tightly capped. Keep out of the reach of children.

CAUTION: Magnesium supplements can cause changes in stool consistency and bowel habits. If this occurs, discontinue use and discuss this matter with your physician.

Formulated for adults and children four years and older. For children under four, consult a physician.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured Exclusively by:

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HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN®

**CALCIUM &
MAGNESIUM**
with Vitamin D

Supports heart function, circulation,
nerve function, bone mass, and
muscle tone†

**DIETARY
SUPPLEMENT**

**120
CAPSULES**

SUGGESTED USE:

Take two capsules daily or as directed by a physician.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Each Serving Contains	Amount per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol)	100 IU	3 mcg 15%
Calcium (from Calcium Carbonate, Citrate)	300 mg	23%
Magnesium (from Magnesium Glycinate, Oxide)	150 mg	36%

Other Ingredients: Vegetarian Capsule (hypromellose and water), Magnesium Stearate (plant-based)



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