

IMPORTANT:

Store in a cool dry place and tightly capped.
Keep out of the reach of children.

CAUTION: Formulated for adults and children four years and older. For children under four, consult a physician.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured Exclusively by:

KIRKMAN®

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**DIETARY
SUPPLEMENT**

HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN®

5-MTHF

5-METHYLTETRAHYDROFOLATE

667 mcg DFE

with **B12**

Supports the production of new
cells and cognitive performance†

**200
CAPSULES**

SUGGESTED USE:

Take one capsule daily or as directed by a physician.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 200

Each Serving Contains	Amount per Serving	% Daily Value
Folate (as L/6S-5-MTHF-Ca)(Folic Acid 400 mcg)	667 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	6 mcg	250%

Other Ingredients: Microcrystalline Cellulose, Vegetarian Capsule (hypromellose and water)



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