

SUGGESTED USE: Morning and night: Take 3 capsules with 16oz. of water. Enjoy the results. It is not recommended to take this product within 2-3 hours before or after the intake of any medication or dietary supplements.

CAUTION: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Read and follow directions carefully. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Rectal bleeding and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals, including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.



PURE FOR MEN

stay ready

120 capsules

Dietary Supplement

Make prep time a breeze.
Stay ready.

SUPPLEMENT FACTS

Serving Size: 3 Vegetable Capsules
Servings Per Container: 40

Amount Per Serving	% Daily Value
Proprietary Blend	2265mg*
Consisting Of: Psyllium Husk Powder, Aloe vera Leaf Extract, Black Chia Seed Powder, and Flaxseed Powder.	

*Daily Value not established

Other Ingredients: Vegetable cellulose, vegetable magnesium stearate, silicon dioxide, and rice flour.

KEEP OUT OF THE REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

Distributed by: Pure for Men
(855)-415-7873 | Austin, TX 78701
www.pureformen.com



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