INCREASE IN MUSCLE

An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

^ When used in conjunction with an exercise program. • In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



STRENGTH IN

JUST 8 WEEKS'

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. oduct sold by weight, not volume. Significant product settling may occur. Velositol® (Amylopectin/Chromium Complex) and its associated logo are trademarks of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information:

1-888-462-2548



GNC **MP**

ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks ■*

Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

LIMITED EDITION FLAVOR

40G PROTEIN[‡]

15_G

‡Per 2 scoops

LEUCINE[‡]

500MG VELOSITOL®:

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic" can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts Elevated Muscle Fuel for Muscle Serving Size Servings Per Container

					reatures uni
nt Per Serving	% Daily Value		% Dail	y Value	Fast-Digestin
S	100		200		Only Whey Hydr
at	1 g	1%†	2 g	3%†	
ated Fat	0 g	0%†	1 g	5%†	Whey Isolate &
erol	20 mg	7%	40 mg	13%	Enhanced wit
arbohydrate	3 g	1%†	6 g	2%†	
Sugars	1 g	*	2 g	*	(Amylopectin
	20 g	40%†	40 g	80%†	& Leucine
1	70 mg	5%	150 mg	12%	To Accelerate M
	0 mg	0%	0.5 mg	3%	

250 ma

hromium (as Chromium Histidinate & Chromium Picolinate) 125 mca 357% 250 mca

* 500 ma

Performance & Stamina • *

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & OTHER INGREDIENTS: Whey Protein Isolate, Whey Protein Hydrolysate, Natural & Artificial Flavors, Cocoa (Processed with Alkali) and Less than 2%: Acesulfame Potassium, Annatto (Color), Dimethyl Siloxane, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin (Sunflower and/or Soy), Support Recovery**

Acids to Fuel Muscles while you Recover from Intense Training^*

Contains a bioengineered food ingredient MARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Gluten Free.

Mini Marshmallow Bits (Sugar, Corn Syrup, Modified Cornstarch, Gelatin, Sodium Hexametaphosphate, Natural & Artificial Flavor, Blue #1), Salt, Silicon Dioxide, Sucralose, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate [Milk Derivative], Mono &

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

eucine (from Whey Protein Isolate, L-Leucine & Whey Protein Hydrolysate) 3.1 g

Diglycerides, Tocopherols, Tricalcium Phosphate), Turmeric (Color).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

ligh Amylopectin Starch (from Waxy Maize)

CONTAINS: Milk and Soy.

Percent Daily Values are based on a 2,000 calorie diet.







Enhanced with More LEUCINE than Standard Whey Protein

1 Scoop (28 g) 2 Scoops (56 g) Growth & Recovery^*

ly Premium, Ultra-Pure,

olysates and a Clinical Core of Leucine to Improve Strength **

th VELOSITOL® n/Chromium Complex)

Muscle Protein Synthesis^*

For Pre-Workout & Cardio

Clinically Proven Support for Strength,

For Post-Workout & Cardio

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. T<u>rain harder</u>

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested and monitored for over 285 banned substances on the 2022 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.



DIETARY SUPPLEMENT NET WT. 49.38 OZ. (3.08 LB.) 1400 G