

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- ^ When used in conjunction with an exercise program.

JUST 8 WEEKS"

• In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) • active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product sold by weight, not volume. Significant product settling may occur.

Amylopectin (Waxy Maize) Chromium Complex as Velositol®. Velositol® and its associated logo are trademarks of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

GNC.com

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease,

Products bearing this logo have been tested for banned substances by LGC Science, Inc.,

a world-class anti-doping lab. *Product was tested and monitored for over 285 banned

substances on the 2023 World Anti-Doping Agency (WADA) Prohibited List via LGC skip

lot testing protocol #ICP0307.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks** Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates **40**G PROTEIN[‡]

15_G EAA‡°

LEUCINE[‡]

500MG VELOSITOL®‡

‡Per 2 scoops

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic* can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Standard Whey Protein Supplement Facts Elevated Muscle Fuel for Muscle

Features Only Premium, Ultra-Pure, mount Per Servina % Daily Value % Daily Valu **Fast-Digesting Protein** Only Whey Hydrolysates and a Clinical Core of 0.5 g 1%† 1.5 q Whey Isolate & Leucine to Improve Strength ** Saturated Fat Enhanced with VELOSITOL® (Amylopectin FILL LINE nolesterol otal Carbohydrate Chromium Complex) & Leucine Total Sugars To Accelerate Muscle Protein Synthesis^* hromium (as Chromium Histidinate & Chromium Picolinate) 125 mca 250 mca

120 mg

For Pre-Workout & Cardio

Growth & Recovery^*

Clinically Proven Support for Strength, Performance & Stamina ***

Enhanced with More LEUCINE than

For Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle &

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles While You Recover from

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance

CONTAINS: Milk. Distributed by: GNC Holdings, LLC Pittsburgh, PA 15222 USA

Leucine (from Whey Protein Isolate, L-Leucine,

Amylopectin (Waxy Maize) Chromium Complex

Percent Daily Values are based on a 2,000 calorie diet.

Hydrolyzed Whey Protein

Daily Value not established

MARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Natural & Artificial Flavors, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols [Preservative], Tricalcium Phosphate) and Less than 2%: Acesulfame Potassium, Cocoa Powder (Processed with Alkali), Dicalcium Phosphate, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Maltodextrin, Salt, Silicon Dioxide, Sucralose, Sunflower Lecithin, Titanium

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25 SERVINGS NET WT. 46.3 OZ. (2.9 LB.) 1312.5 G DIETARY SUPPLEMENT

3% 240 mg

2.5 mg

Support Recovery**

On Non-Training Days & Between Meals

Intense Training^*

protein available. Train harder.