

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- ^ When used in conjunction with an exercise program,
- In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) \* active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product sold by weight, not volume. Significant

Amylopectin (Waxy Maize) Chromium Complex as Velositol® Velositol® and its associated logo are trademarks of Nutrition 21, LLC. Velositol® is patent protected.

**KEEP OUT OF REACH OF CHILDREN** Store in a cool, dry place.

For More Information: 1-888-462-2548

This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



Products bearing this logo have been tested for banned substances by LGC Science, Inc.,

WHEYBOLIC

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks \*\*

Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

ADVANCED MUSCLE PERFORMANCE

MP

**40**G PROTEIN<sup>‡</sup>

15<sub>G</sub>

LEUCINE<sup>‡</sup>

500<sub>MG</sub> VELOSITOL®‡

‡Per 2 scoops

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic' can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

## Supplement Facts Elevated Muscle Fuel for Muscle Serving Size Servings Per Container

lotal Fat	1 9	1767	2 g	3%
Saturated Fat	0 g	0%†	0.5 g	3%†
Cholesterol	10 mg	3%	20 mg	7%
Total Carbohydrate	4 g	1%†	7 g	3%†
Total Sugars	1 g	*	2 g	*
Protein	20 g	40%†	40 g	80%†
Calcium	90 mg	7%	180 mg	14%
Chromium (as Chromium Histidinate & Chromium Picolinate)	125 mcg	357%	250 mcg	714%
Sodium	100 mg	4%	200 mg	9%
Potassium	165 mg	4%	330 mg	7%
Leucine (from Whey Protein Isolate, L-Leucine, Hydrolyzed Whey Protein)	3.1 g	*	6.2 g	*
Amylopectin (Waxy Maize) Chromium Complex	250 mg	*	500 mg	*
Lactase	197.5 mg	*	395 mg	*
Bromelain	2.5 mg	*	5 mg	*

Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Dried Decaffeinated Coffee, Cocoa Powder (Processed with Alkali), Sunflower Creamer (Sunflower Dil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols [Preservative], Tricalcium Phosphate) and Less than 2%: Acesulfame Potassium, Dicalcium Phosphate, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Maltodextrin, Natural & Artificial Flavors, Salt, Silicon Dioxide, Sucralose, Sunflower Lecithin.

Amount Per Serving

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

▲ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

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% Daily Value

% Daily Value

**Enhanced with More LEUCINE than Standard Whey Protein** 

Growth & Recovery\*\*

Features Only Premium, Ultra-Pure,

Only Whey Hydrolysates and a Clinical Core of y Isolate & Leucine to Improve Strength\*\*

enced with VELOSITOL® (Amylopectin FILL LINE romium Complex) & Leucine
Accelerate Muscle Protein Synthesis^\*

Pre-Workout & Cardio

ically Proven Support for Strength, formance & Stamina •\*

Post-Workout & Cardio

vides Fast-Digesting Whey Isolate & olysates Plus Leucine to Fuel Muscle & Support Recovery\*\*

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles While You Recover from Intense Training^\*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder,



a world-class anti-doping lab. \*Product was tested and monitored for over 285 banned substances on the 2023 World Anti-Doping Agency (WADA) Prohibited List via LGC skip

CAFÉ LATTE NATURAL + ARTIFICIAL FLAVORS

NET WT. 48.5 OZ. (3 LB.) 1375 G DIETARY SUPPLEMENT