# INCREASE

IN MUSCLE STRENGTH IN JUST 8 WEEKS"



- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- ^ When used in conjunction with an exercise program.
- In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



NOTICE: Use this product as a food supplement only Do not use for weight reduction.

Product sold by weight, not volume. Significant product settling may occur. Amylopectin (Waxy Maize) Chromium Complex as Velositol®. Velositol® and its associated logo are trademarks of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information:

1-888-462-2548

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested and monitored for over 285 banned substances on the 2023 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



# ADVANCED MUSCLE PERFORMANCE

# WHEYBOLIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks\*\* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

**BANANA MILKSHAKE** 

NATURAL + ARTIFICIAL FLAVORS

CLINICALLY PROVEN PERFORMANCE PROTEIN

**40**G PROTEIN<sup>‡</sup>

**15**<sub>G</sub> EAA‡

**6.2**<sub>G</sub> LEUCINE<sup>‡</sup>

**500**MG VELOSITOL®‡

‡Per 2 scoops

DIETARY SUPPLEMENT

NET WT. 45.9 OZ. (2.9 LB.) 1300 G

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic\* can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

## Supplement Facts Elevated Muscle Fuel for Muscle 1 Scoop (26 q) 2 Scoops (52 Servings Per Container

% Daily Value		% Daily Value	
100		190	
0.5 g	1%†	1.5 g	2%†
0 g	0%†	0.5 g	3%†
10 mg	3%	20 mg	7%
3 g	1%†	5 g	2%†
1 g	*	2 g	*
20 g	40%†	40 g	80%†
90 mg	7%	180 mg	14%
125 mcg	357%	250 mcg	714%
100 mg	4%	200 mg	9%
110 mg	2%	220 mg	5%
3.1 g	*	6.2 g	*
250 mg	*	500 mg	*
197.5 mg	*	395 mg	*
2.5 mg	*	5 mg	*
	100 0.5 g 0 g 10 mg 3 g 1 g 20 g 90 mg 125 mcg 110 mg 3.1 g 250 mg	100  0.5 g 1%† 0 g 0%† 10 mg 3% 3 g 1%† 1 g * 20 g 40%† 90 mg 7% 125 mcg 357% 100 mg 4% 110 mg 2%  3.1 g * 250 mg * 197.5 mg *	100 190  0.5 g 1%† 1.5 g 0 g 0%† 0.5 g 10 mg 3% 20 mg 3 g 1%† 5 g 20 g 40%† 40 g 90 mg 7% 180 mg 125 mcg 357% 250 mcg 110 mg 2% 220 mg 3.1 g * 6.2 g 250 mg * 500 mg 197.5 mg * 395 mg

Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols [Preservative] Tricalcium Phosphate), Natural & Artificial Flavors and Less than 2%: Acesulfame Potassium, Dicalcium Phosphate, FD&C Yellow #5, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan) Malic Acid, Maltodextrin, Salt, Silicon Dioxide, Sucralose, Sunflower Lecithin,

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

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**Enhanced with More LEUCINE than Standard Whey Protein** 

Growth & Recovery^\*

Features Only Premium, Ultra-Pure, Fast-Digesting Protein

nly Whey Hydrolysates and a Clinical Core of ey Isolate & Leucine to Improve Strength \*\*

nhanced with VELOSITOL® (Amylopectin FILL LINE Chromium Complex) & Leucine

To Accelerate Muscle Protein Synthesis^\*

### **AGE BENEFITS**

or Pre-Workout & Cardio

linically Proven Support for Strength, Performance & Stamina •\*

# For Post-Workout & Cardio

ovides Fast-Digesting Whey Isolate & Irolysates Plus Leucine to Fuel Muscle & Support Recovery\*\*

# On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles While You Recover from Intense Training^\*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder.

♦ EAA = essential amino acids