Cortisol Regulator

A blend in quick-release Plantcaps® of extracts of magnolia and phellodendron (Relora®), combined with standardized extracts of ashwagandha, lemon balm, and German chamomile, to support a healthy mood, relaxation, stress-adaptation, and clarity."

Suggested Use

As a dietary supplement, 2 capsules, one or two times daily with or without food, or as directed by a healthcare practitioner.

WARNING: If pregnant or nursing, consult your healthcare practitioner before use.

Keep in a cool, dry place, tightly capped.

To report any adverse reactions, call 1-833-914-2097.



Relara® is a Lonza trademark.





*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

> Formulated exclusively for Allergy Research Group® South Salt Lake, UT 84115 www.allergyresearchgroup.com Phone: 800.545.9960



Cortisol Regulator* Stress Support Complex*



dietary supplement
60 vegetarian capsules

Serving Size Servings Per Container	2 Capsul	e:
Amount Per Serving %	Daily Valu	e
Relora® Proprietary Plant Extract Blend Magnolia officinalis (Bark) Phellodendron amurense (Bark)	250 mg	1
Ashwagandha (Withania somnifera) (Whole Plant) Extract (standardized to 5% Withanolides)	250 mg	
Lemon Balm (Melissa officinalis L.) (Leaf/Stem) Extract (standardized to 6% Rosmarinic acid)	150 mg	1
Chamomile (Matricaria recutita) (Flower) (standardized to 1.2% Apigenin)	100 mg	†

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, rice flour.

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