

Suggested Use: As a dietary supplement, 1 capsule one to three times daily as needed or as directed by your health care provider.

Keep out of the reach of children. Tamper resistant package. Do not use if outer seal is missing.

This product contains no gluten, milk, eggs, wheat, soybeans, peanuts, tree nuts, fish or shellfish.

* These statements have not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.

Consumer Information Services:
Toll Free: 1.866.268.3216
www.DrWongsEssentials.com

Dr. Wong's Essentials®



Equanimity®

Herbal Extract Supplement
with Lithium Orotate

60 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Bottle: 60

Ingredients	Amount Per Serving	% DV
Magnesium (as magnesium oxide)	5mg	1%
Proprietary Blend Providing:	606 mg	†
Chamomile Extract (herb), Hops Extract (flowers), Skullcap Extract (herb), Valerian Extract (root), Serrapeptidase, and Lithium (elemental as Lithium Orotate)		

*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

†Daily Value not established.

Other Ingredients: Gelatin, Microcrystalline Cellulose, Vegetable Cellulose, and Magnesium Stearate.

Manufactured in the USA by:
WAM Essentials, Inc.
320 Grant Ave.
Strawn, TX 76475