

TEAR ME

EVERYDAY DOSE

MUSHROOM MATCHA+

Matcha powered by



Mushrooms | Collagen Protein | Nootropics

⚡
Boosts
Energy

☮
Elevates
Mood

🛡
Gut
Health

🧠
Enhances
Focus

Dietary Supplement

Why Dose?

Everyday Dose took matcha and drastically built on its benefits with added supplements. Our next-gen matcha provides functional mushrooms, nootropics, and collagen protein to give you calmer energy and sharper focus with added gut, brain & immune support, so that you feel balanced and find your flow.

The taste? Better than your barista's with just a hint of caffeine (40mg), no crash, no jitters, and no stomach problems. Welcome to the future of matcha.

How to make

1. Add 1 tablespoon into your mug.
2. Add water (3-7oz).
3. Froth it up for 20-30 seconds.
4. Add your favorite milk, tea, or sweetener if your sexy self desires.

Ways to enjoy

1. Hot matcha
2. Iced matcha
3. Matcha latte
4. Add to smoothie
5. Put in overnight oats
6. Add to baked goods



INSTAGRAM



DOSE FAM



WEBSITE

KETO
FRIENDLY

DAIRY
FREE

NO OAT
FILLER

IMPORTANT

SHAKE & MIX BAGS
BEFORE SCOOPING

DO NOT MIX WITH
BOILING WATER

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size About 1 Tbsp (7g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	1g	<1%
Protein	5g	
Sodium	20mg	1%

Hydrolyzed Bovine Collagen Peptides 5082mg ↑
Mushrooms + Nootropics Blend 1918mg ↑

Ceremonial-Grade Matcha Green Tea Leaf Powder, Organic Lion's Mane Fruiting Body Extract (Hericium erinaceus), Organic Chaga Fruiting Body Extract (Homonotus obliquus), L-Theanine

Glycine	1123mg	↑
L-Proline	676mg	+
L-Hydroxyproline	559mg	+
L-Glutamic Acid	508mg	+
L-Alanine	447mg	+
L-Arginine	412mg	+
L-Aspartic Acid	284mg	+
L-Lysine	183mg	+
L-Serine	167mg	+
L-Leucine	147mg	+
L-Valine	122mg	+
L-Phenylalanine	110mg	+
L-Threonine	91mg	+
L-Isoleucine	76mg	+
L-Histidine	66mg	+
Hydroxylysine	56mg	+
L-Methionine	40mg	+
L-Tyrosine	15mg	+

† Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

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We recommend 1 serving daily for optimal results.

