

Momentous®



Multivitamin is a collection of vitamins, minerals, and phytonutrients designed to optimize cellular function, support immune function, and improve daily energy.

Multivitamin

Foundational Health

120 Vegetarian Capsules Dietary Supplement

Supplement Facts

Serving Size 4 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Mixed Carotenoids from palm tree fruit and Palmitate)	1500 mcg RAE 167%	Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	100 mcg 222%
Vitamin C (as Ascorbic Acid and Acerola)	400 mg 444%	Wild Blueberry Blend	100 mg *
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU) 250%		
Vitamin K (as K1 Phytanadione, Vitamin K2 Menaquinone-4 and MenaQ7® Full Spectrum MK-6, MK-7, MK-9)	450 mcg 375%	Muscadine Grape Powder (Vitis rotundifolia)(skin and seeds)	100 mg *
Thiamin (as Thiamin HCl)	2.4 mg 200%	Citrus Bioflavonoids	100 mg *
Riboflavin (Vitamin B-2) (as Riboflavin-5-Phosphate)	4.2 mg 323%	Broccoli Seed Extract (Brassica oleracea italica)(seed)	75 mg *
Niacin (as Niacinamide and Niacin)	60 mg NE 375%	Quercetin	50 mg *
Vitamin B-6 (as Pyridoxal-5-Phosphate)	6.7 mg 394%	Broccoli Sprout Powder (Brassica oleracea italica)(sprout)	25 mg *
Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt)	680 mcg DFE 170%	Vitamin E isomers (as DeltaGold® delta and gamma tocotrienols)	25 mg *
Vitamin B-12 (as Methylcobalamin)	200 mcg 8333%	Trans Resveratrol (Polygonum cuspidatum)(root)	10 mg *
Biotin (as d-Biotin)	100 mcg 333%	Pantethine (as Pantestin®)	5 mg *
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%	Lutein Esters	3 mg *
Calcium (as di-Calcium Malate)	50 mg 4%	Lycopene	3 mg *
Magnesium (as di-Magnesium Malate)	150 mg 36%	Boron (as Bororganic Glycine)	1 mg *
Zinc (as Zinc Bisglycinate Chelate)	15 mg 136%	Benfotiamine	1 mg *
Selenium (as SelenoExcell®)	100 mcg 182%	Vanadium (as TRAACS® Vanadium Nicotinate Glycinate Chelate)	30 mcg *
Copper (as TRAACS® Copper Bisglycinate Chelate)	1 mg 111%		
Manganese (as TRAACS® Manganese Bisglycinate Chelate)	1 mg 43%		
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	200 mcg 571%		

*Daily Value not established

OTHER INGREDIENTS: CELLULOSE (CAPSULE), MICROCRYSTALLINE CELLULOSE, SUNFLOWER LECITHIN, VEGETABLE STEARATE, SILICON DIOXIDE.