

An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline. A When used in conjunction with an exercise program

\* In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group



NOTICE: Use this product as a food supplement only. Do not use for weight reduction. roduct sold by weight not volume. Significant oduct settling may occur. lositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN tore in a cool, dry place.

or More Information: -888-462-2548 GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab

\*Product was tested for over 220 banned substances on the 2020 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks\*\* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

girl scouts

**PEANUT BUTTER** 

NATURAL + ARTIFICIAL FLAVORS

CHOCOLATE

CLINICALLY PROVEN PERFORMANCE PROTEIN

**40**<sub>G</sub>

15<sub>G</sub> EAA‡

LEUCINE<sup>‡</sup>

VELOSITOL®‡

‡Per 2 scoops

PROTEIN<sup>‡</sup>

**500**MG

DIETARY SUPPLEMENT NET-WT 49:1 OZ (3.1 LB) 1392.5 G

mount Per Serving

otal Fat

Saturated

Dietary Fibe

rotein

Total Sugars

CONTAINS: Milk.

otal Carbohydrate

# DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

## **Enhanced with More LEUCINE than** Standard Whey Protein

Supplement Facts Elevated Muscle Fuel for Muscle Growth & Recovery\*\*

### Features Only Premium, Ultra-Pure, Fast-Digesting Protein

Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength \*\*

## Enhanced with VELOSITOL® & Leucine

To Accelerate Muscle Protein Synthesis^\*

### For Pre-Workout & Cardio

Clinically Proven Support for Strength, Performance

### For Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & Support Recovery^

# On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from ntense Training^\*

it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder

♦ EAA = essential amino acids

The GIRL SCOUTS® name, mark, and all associated trademarks and logotypes, including GIRL SCOUT COOKIES® and the Trefoil Design, are owned by Girl Scouts of the USA.





% Daily Value

1 q 1%1

0 a 0%1

4 q 1%1

0 q 0%1

20 q 40%†

10 mg

% Daily Value

<1 a

Pittsburgh, PA 15222 USA

Acesulfame Potassium, Potassium Chloride, Silicon Dioxide,

⚠ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Gluten Free, No Soy.

