

FEEL YOUR
BEST

ONE A DAY
MULTIVITAMIN
MULTIMINERAL
SUPPLEMENT

60 TABLETS

Women's

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A	2500 IU	50%	Folic Acid	400 mcg	100%
Vitamin C	60 mg	100%	Vitamin B ₁₂	6 mcg	100%
Vitamin D	400 IU	100%	Pantothenic Acid	5 mg	50%
Vitamin E	30 IU	100%	Calcium	450 mg	45%
Thiamin (B ₁)	1.5 mg	100%	Iron	18 mg	100%
Riboflavin (B ₂)	1.7 mg	100%	Magnesium	50 mg	12%
Niacin	10 mg	50%	Zinc	15 mg	100%
Vitamin B ₆	2 mg	100%			

CHILD RESISTANT CAP

Do not use this product if safety seal bearing
Sealed For Your Protection under cap is torn or missing.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Ascorbic Acid, Acacia, Ferrous Fumarate, Cellulose, dL-Alpha Tocopheryl Acetate, Croscarmellose Sodium, Zinc Oxide, Magnesium Stearate, Titanium Dioxide, Dextrin, Hydroxypropyl Methylcellulose, Niacinamide, Gelatin, Starch, d-Calcium Pantothenate, Calcium Silicate, Polyethylene Glycol, Silicon Dioxide, Dextrose, Pyridoxine Hydrochloride, Lecithin, Riboflavin, Thiamine Mononitrate, Vitamin A Acetate, Resin, Folic Acid, Beta Carotene, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #2 Lake, Cholecalciferol, Cyanocobalamin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Questions or comments?
Please call 1-800-800-4793.
Visit our website at www.oneaday.com

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Bayer 

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FRESHNESS GUARANTEED THROUGH: