

Suggested Use: As a dietary supplement take two (2) capsules once a day. For best results take 20–30 min before bedtime with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DISTRIBUTED BY:
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Lot # and Expiration Date Printed On
bottom Of Bottle VR60
SKU: 24820–817

ROMEO
HEALTH

SERENITY NOW

NATURAL RELAXATION*

60
CAPSULES

► DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Calcium (as Calcium Carbonate)	18 mg	1%
Vitamin B6 (Pyridoxine HCl)	1.8 mg	106%
Magnesium (as Magnesium Citrate)	13 mg	3%
Sleep Formula Proprietary Blend:	1071 mg	**
L-Tryptophan, Valerian (Valeriana officinalis)(root), Goji (Wolfberry)(Lycium barbarum)(berry), Chamomile (Matricaria chamomilla)(flower), Lemon Balm (Melissa officinalis)(aerial), Passion Flower (Passiflora incarnata)(flower), L-Taurine, Hops (Humulus lupulus)(flower), St. John's Wort (Hypericum perforatum)(aerial), GABA (Gamma aminobutyric acid), Skullcap (Scutellaria baicalensis)(root), L-Theanine, Ashwagandha (Withania somnifera)(root), Inositol, 5-HTP (Griffonia simplicifolia)(seed), Melatonin.		

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (Vegetable), Silicon Dioxide.