Ashwagandha has been used for centuries for it's stress relieving properties. Herbal Nutrition's Ashwagandha is derived from the most potent compounds in the Ashwagandha root. We have added Black Pepper for maximum uptake and effectiveness.\*

Directions: As a dietary supplement, take two capsules daily with a meal or as directed by your healthcare professional.

Warnings: Pregnant or nursing mothers, children under the age of 18, and those with medical conditions should consult with your healthcare professional before taking this product or any dietary supplement. Do not use if the band around the cap is broken or missing.

Store in a cool, dry place. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot # and Expiration Date Printed on bottom of Bottle V2R0



Made with Organic Ashwagandha and Black Pepper 1300mg per Serving

Supports Stress Relief\*
Promotes Immune Health\*
Helps Boost Energy & Mood\*

**Dietary Supplement | 60 Capsules** 

## Supplement Facts Serving Size: 2 Capsules Servings Per Container: 30 Amount Per Serving %DV Organic Ashwagandha 1300 mg \*\* (Withania somnifera; Root) Organic Black Pepper 10 mg \*\* Extract (Piper nigrum; Fruit) \*\*Daily Value (DV) not established.

Other Ingredients: Pullulan Capsules





Herbal Nutrition
Manufactured for:
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www.herbalnutritionhealth.com Certified Organic by UDAF