

Bluebonnet's Targeted Choice Stress Relief® Vegetable Capsules are specially formulated with a unique blend of sustainably harvested or wildcrafted herbal extracts, along with the amino acid derivative, L-theanine, to help the body and mind adapt and cope with occasional stressors while supporting an overall sense of relaxation.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Targeted Choice Stress Relief® is a registered trademark of Bluebonnet Nutrition Corp.



Caution: Do not use this product if you are pregnant, trying to conceive or breastfeeding. If you have a medical condition or are taking prescription medication, particularly cognitive drugs such as MAOIs, consult your physician before use. Keep out of reach of children.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford, Sugar Land, TX 77478 USA
bluebonnetnutrition.com



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet

TARGETED CHOICE STRESS relief.®

Calming
Whole Food-Based
Formula♦



Dietary Supplement

60 Vegetable Capsules



Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		
Ashwagandha Root Extract (<i>Withania somnifera</i>)	125 mg	*
L-Theanine (free-form)	125 mg	*
Siberian Eleuthero Root Extract (<i>Eleutherococcus senticosus</i>)	125 mg	*
Passion Flower Whole Herb Powder (<i>Passiflora incarnata</i> L.)	100 mg	*
Rhodiola Rosea Root Extract (<i>Rhodiola rosea</i>)	100 mg	*
Holy Basil Leaf Extract (<i>Ocimum sanctum</i> L.)	75 mg	*
Lemon Balm Leaf Extract (<i>Melissa officinalis</i> L.)	50 mg	*

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose.